

TALES FROM THE RIVERBANK



March/April 2011

THE ROY-ROYS ***AND THE CAST OF THOUSANDS (Well 15)*** ***DO THE KESWICK GRETA***

Roy Booth



The get in

THE CAST: Graham (king of kings) Kingaby, Rick (yeah yeah) Turner, Jack/Kyle/Antony (the 3 Amigo's), Will (big dog) Body, Rachel (open boats are exciting) Drew, Paul (moonin) Binks (the policeman of allo allo), Sam (I may smile one day) Binks, Allan (have I got everything? ah the kitchen sink) Hacking, Roy (GB slalom) Garriock, Roy (the thoughtless) Booth (explanation at the end), Graham (I think I'll just tag along) Cole, Rob Callingham and daughter Mhairi (Kendal slalom paddlers)

Well the day dawned for this trip and after the usual phone calls and texts about water levels and such it was decided to run it.

For those who are interested the EA gauge at Low Briery Bridge was 0.8m at 7am but rain had been falling since midnight and was not due to stop till after midday, the gauge was 1.08m at 3pm just before we got off. The water was an inch below the white line when we arrived about 4 inches above when we got back to pick cars up.

After a quick meet at Halton we managed to leave 2 cars behind (eco warriors eat your heart out) and we were off. An hour later we arrived at the 'get in' and it seemed like all the paddlers in the North West had decided this was the river to be on (or had they just been reading my forum posts?).



**Mags Standing Guard of the Garstang Boats
(well sitting really)**

After a quick change and car sorting, time to sort out the groups.

Group 1: Rick and the 3 amigos plus Roy G, Rob and Mhairi Callingham (Kendal slalom paddlers). Group 2: Allan, Will, Rachel, Graham, Graham, Paul, Sam and Roy B.

This was decided on rolling ability, namely group 2 has only a few good rollers in it.

On to the water and a warm up under the bridge, this is where we parted company with group 1 with the joking words "if any gear comes past catch it will you".

Allan gives a little chit chat about any up and coming hazards. Now I know Rachel didn't have much make up on but she had gone white! I knew Paul was nervous as he had not said anything for a while (I think his mouth shuts when his bum's tweaking). Is it at this point that I am supposed to wax lyrical about being in lakes surrounded by mountains and forests and such? Not a chance.

So off down the river we go with a little wave here and there, plenty of eddys to mess about with and a few boulders to hide behind. People are starting to relax and ask where's these wave trains and big boulders you promised, even Paul started talking again "just enjoy the peace for now" was my reply.



Part of the easy section

I was beginning to wonder where the start of the first rapids were when we rounded a bend to see the Amigos stood on both sides of the river with throw bags in hand.

Now all had been told 'river right then left or right of the big rock' but there is always one who has to take the middle of the road (think that was a pop group once) and it was not me was it Mr Kingaby. So a quick rescue and short boat chase later and all was well.

Group 1 leave us again whilst we get back on the river. We are now into the rapids section of the river and all are concentrating on their rock dodging and river reading and trying to stay upright.

Except Will who finds great delight in being upside down as well as right way up!

A short flat section leads to the first noticeable weir and a momentary lack of concentration leads to a fantastic demo of aggressive swimming. After a short boat chase we meet up with group 1 and have a break for lunch. Slalom Kendal do not seem too keen on this and want to be on the move again (I don't think they are used to these long trips, it's usually fast and furious for them).

Off we go again and we enter what is the longest section of rapids with Group 1 in front and out of sight for now, we negotiate a section of boulders and bouncy waves till the river takes a sharp right turn and we cannot see what's round the bend. We eddy out, Allan and Graham (Coles) assure us there is nothing to worry about and lead off to guide us down.

No problems for the first few then 'King of Kings' decides it's time to try and fly in his kayak, now it may have been great skill that kept him upright, or sheer luck, (I'll leave that for him to tell), but this aerobatic display was too much for Rachel and a short portage and guide down was called for.

Now I find myself leading down the next section and slowly picking a route through the boulders and rocks when I hear the shout 'swimmer' (it must have been loud). I look round to find to find an 8ft piece of plastic trying to jump down my throat, a quick step (I think that's a dance) to the side and the boat goes past. I check up river and Paul is in the correct position for a swim, it's a long one mind, but he finally finds a get out.

Now where's his boat gone? Allan is giving chase so I leave the group to Will and Graham and go to help Allan but it's a tough chase and we cannot seem to get a head of it. At this point I notice that the Amigos and Rick are up front, they must be on the play wave (that today wanted to be a stopper). Unfortunately for Allan he sees this all too late and by the time he lets go of Paul's boat he's in the mix and has to get a little wet but he manages to sort himself and his gear out.

This hiccup in the chase has allowed me, Rick and one of the Amigos to get in front and ambush the boat into an eddy - game over.

Having got the boat out I wait for the rest of the group to come down. It takes some time for us all to reassemble as I was told King of Kings had decided to cool off again, so there must have been 3 unseated riders all at the same time. Epic!!

Just a note here to say thanks to the Club for sponsoring the WWSR and FSRT courses. You may not see anything on a Tuesday night or on the canal but its money well spent.



Lunch break

The rest of the trip passed off with all the usual banter and a few practice rolls.

As this was my first attempt at running a full river trip I think it went ok.

Thanks to all who braved the trip.



All back safe and sound

Explanation of Roy “the thoughtless” - this stems from my ability to upset people without even knowing I am going to upset them.

As with this trip I organized it on the same day as Rick (the sausage booty) Patterson was trying to organise another trip.

I did not think he would get upset in fact I thought he would join in (see what I mean). So please forgive an old man his thoughtlessness and give him a second chance.

Roy Booth

A New Year's Resolution

Kath Risely

2011 - it's a brand new year
I must get out my paddling gear
And dust off the boats, put on the roof bar
Help load the kayaks on to the car.

I've a new resolution to go paddling more
The Rothay, the Calder, the Arnside Bore??
The Greta, the Wyre or maybe the Lune
Perhaps just the Lakes – we will get there soon!

At Burrs there's the weir that I've never dared shoot
Or you can surf on a wave – now that is a hoot
We've had lots of fun on the rapids I think
But if you capsize just don't take a drink.

I'd like to join in a descent of the Tay
Last time it looked like a brilliant day
Good fun on the river, a ceilidh at night
The camp at Grand Tully - a paddler's delight.

At the 'Seaquest' in April we'll paddle the sea
There'll be Pat and Norman, Albert and me
Three estuaries to paddle with checkpoints galore
Until the tide turns, then we head back to shore.

With guidebook and wine and full of good cheer
It's easy to dream of my paddling year
So I'll check out the Forum - a good place to start
And I'll find an event in which to take part (maybe).

So no more excuses – 'it's too wet' or 'too cold'
If my boat isn't used it'd better be sold.
So on with the wetsuit, helmet and cag
I'm sure once I'm out there it won't be too bad!

The Ribble Rabble on the Tyne Tour

Rob Harrison & Sam Binks

We arrived at the campsite at around 9pm ready for a fun-filled weekend of paddling, drinking and dancing. Despite it being dark we pitched our tents relatively quickly (once Rosie stopped shining the torch in Rob's eyes). After we were all set, it was off to the pub for us while the less courageous Binks went to spend the night in a B&B. After the 'vigilant' bouncer let us in, the first night (and morning) of drinking started with us, Allan, Jojo Rachel, Roy, Helen and Richard in a pub overflowing with students. After we were all kicked out at closing time, we headed back to the campsite only to find our tents were in 'the student zone' where for them the party was only just beginning. Looks like Allan wasn't lying when he said sleep does not feature highly on the agenda! It was the start of a long Saturday.

The next day we awoke and found the rest of the crew (this time featuring Rick, Tony, Nicky and Holly) being attracted to the scent of our bacon outlining the agenda for the day.

We made our way to the get-in, and with Rob being fully informed on Holly's story book about Auntie Sue, we got ready to paddle.

It was cold, but the weather was almost perfect, with a good level of water in the South Tyne. Only one swimmer: Paul, shortly after saying "Don't worry Rob I'll look after you"!



The lunch break was about halfway down, where Rachel made Will jealous with her new-found love of open boating, Paul shared

out his selection of cakes, and Tony's whisky was shared out too; after all it was Sam's 18th Birthday! After some more wave trains and play waves, we got back to the campsite after a good 9 miles paddle.

After a quick change, we decided we'd like a good night's sleep so we moved our tents down with the others. After countless "moving house?" jokes along the way we made our way down to Wetherspoons again for some tea. Sam proved to be excellent at helping Holly with her jigsaw puzzle. After that it was time for the fireworks. What seemed to be the world's largest bonfire burned on a nearby hill, we wondered what were the mysterious luminous flying objects were and we were treated to a spectacular fireworks display.



After fireworks we headed to the sports centre for the infamous Tyne Tour Ceilidh. Most of the attendees seemed to be students each with their own "Tyne Tour '10" T-shirts. Next year I think we should get some "Ribble Rabble" T-shirts printed. The dancing started off quite organised and well behaved. But by 10:30 whatever the Caller said when the band struck up everyone did the conga. It was a good night. The others paddled on day 2 but we just headed home because Sam couldn't wait to open his presents – spoil sport. Looking forward to Tyne Tour '11. Let me know what size T-shirt you want!

Rob Harrison & Sam Binks

RCC Training Courses



Coaching session on the canal

At Ribble canoe club the emphasis on coaching is to give members the confidence and ability to enjoy the many recreational trips and camps that take place during the year.

We run courses each month, except July & August, to introduce complete newcomers to the sport.

We also run the BCU 1 star course during the months of May and June for people who want an intensive 8 week course in basic flat water paddle skills.

Each month BCU qualified coaches run club trips to suit beginners & improvers on a variety of flat water, sea or rivers.

New for 2011 is going to be a series of coach led workshops covering a variety of associated skills. It could be anything from how to pack a sea kayak, to basic knots and rope work. These workshops will take place either on normal Tuesday night meetings or on specific coaching trips; check out the forum for details.

Introductory course: For newcomers to the sport, these courses take the form of one pool session, (usually during a paddle skills session) and 2 outdoor sessions on the canal. The canal sessions are usually on a Saturday morning, but this can be flexible depending on the group and the coach running the session. There is a maximum of 8 people per course. The fees for 2011 for club members are £20 per person including pool fees.

BCU 1 Star Course: Coaching will take the form of an 8 week course in May and June. The course is mainly based at the Hand & Dagger with the outdoor sessions taking place on the Lancaster canal, additional pool sessions and at least 1 trip to lake Coniston would be included. Assessment will take place partly on the Coniston trip and also on the final Tuesday night. Fees in 2011 are £40 for adult and £30 for junior club members, plus normal pool hire and BCU certificate fees.

Club Membership is required to enrol on either of the above courses. Current membership fees are £20 for an adult plus £4 for additional family members, or £10 for a single junior member.

To enrol on either of the above courses or for further details please contact Allan Hacking at the Hand & Dagger on a Tuesday evening or post a message on the forum.

Paddle Skills Pool Sessions: these sessions take place each month (usually on the 2nd Friday of the month) at Fulwood Leisure Centre, Preston. Club coaches attend these sessions to assist any club members who feel any aspect of their paddling requires a bit of attention. These sessions are also used for introducing newcomers to the sport.

Taster Sessions are also available at these evenings for prospective club members. Pre-booking is essential for these sessions to prevent overcrowding.

Contact Allan Hacking at the Hand & Dagger on a Tuesday evening or see the club forum for more info. Normal pool fees apply to these sessions, currently £4 per person.

Club Coaching Trips: These may take place on either sea, flat or moving water.

Beginners Trips: usually on the third weekend of the month are aimed at paddlers who have completed the Introductory or 1 star course and who wish to progress their skills toward the 2 star standard. After a number of these trips the paddler should have the confidence and ability to move onto the development trips.



Development trips: usually on the first weekend of the month are aimed at paddlers who are confident, regular paddlers who are at 2 star standard, or above. On these trips the paddlers will gain the skills and experience required to progress their skills towards the 3 star standard.

BCU 2 & 3 star assessments can be arranged if a number of club members are interested in the awards.

Please remember we have a selection of boats available to members for use on the courses and trips, but you must book them out with the quartermaster beforehand if they are to be taken on trips away from the Hand & Dagger.

Allan Hacking

Booking Equipment

A reminder to any members wanting to borrow club equipment
Please remember to follow the standard booking procedure, which is:

- Ring me on a Monday evening (contact details in Newsletter)
- Collect and return kit at H&D on a Tuesday evening.

SIMPLE!



**Happy Paddling
Albert**

Ribble Canoe Club invites you to its Open / Fun Day

Incorporating the British Canoe Union



OPEN TO ALL

Come Canoeing & Kayaking

on

Sunday May 15th 2011

at

Blackpool Wake Park,

Mythop Road

Weeton, Lancs PR4 3NB

*Join us for lots of fun and games and the opportunity,
courtesy of a major supplier, to try out new boats & gear.*

*A charge of £10 per person will be made for the use of the facility,
which will include a freshly cooked lunch.*

For further information or to book a place, contact Richard Collins at:

richardjcollins18@hotmail.co.uk

01253 826902

07828 950121

West Tanfield Camp

Friday 24th – Sunday 26th June 2011

This is a weekend camp (one or two nights as the fancy takes). The site is Slenningford Water Mill, a well maintained private camp site located adjacent to its own stretch of the River Ure. The River at this point has a grade 3 section suitable for intermediate paddlers and a grade 2 section suitable for improving beginners.

There are several family pubs within walking distance. Lightwater Valley amusement park boasting the world's longest roller coaster ride is close by for those not wanting to paddle, and Ripon with its cathedral is about 5 miles away.

The River trip is grade 2 with the exception of Hack Falls which can be portaged. At normal

levels the trip takes about 3 hours, but at low levels has taken 5. There is a long walk in (thankfully downhill all the way), but once on the river you pass through pleasant wooded areas and farm land. We normally take lunch and stop on an island just below a weir to eat. The river is restricted access and so we will be making the trip according to the agreed access rules after consulting H2O.

I have asked for 10 tent pitches, but each individual member will have to book and pay themselves. This is a popular site. Early booking is recommended.

Brian Woodhouse

Surf's Up! (maybe)

Rhosneigr Camp

Friday 15th – Sunday 17th July 2011

John Kington

Have you ever tried surfing in a kayak? Sitting down, not standing up – though you'd get extra marks for style if you did stand up successfully. If you have then you may know about our annual Anglesey Surf Weekend. If not, read on.

One of the few things that you can do in a kayak that beats surfing a glassy green wave on a fast river is surfing down the face of a

perfectly formed glassy green wave on the sea – especially if the sun's shining.

Every year we have a weekend camp at Rhosneigr on Anglesey.

The idea is to pack in as much surfing as possible and have a generally sociable weekend.

We don't always get brilliant surf, but there are other attractions – play-boating at the Stanley Embankment wave, seal spotting around some of the offshore islands (using sea kayaks or river boats), beach games, kite flying, beer and barbecues – whatever suits.

Is sun guaranteed? Come on now, this is Wales we're talking about – but it is also true that the worst of the wet weather does tend to go straight over and hit Snowdonia instead. If you've not surfed before this is a good opportunity to learn. As long as you have a reasonable control of your boat and are prepared to swim a bit you should have fun.

Modern river boats with planing hulls work well – most of the club's newer boats fit the bill in this respect. Ultra-short play boats do surf, but can be a bit too slow to catch the waves. Sit-on-tops work well too – just ask Norman Green. I've never seen it tried in a canoe – there's a challenge!

Rhosneigr is on the NW corner of Anglesey. If you've been before you'll know where the campsite is, if not I will be putting details on the club forum – look out for details. The site is fairly basic – no water park or cabaret, but it has hot showers and is not normally crowded. We usually travel to Anglesey on Friday night, but you can always come up on Saturday.

Please let me know if you're coming either direct or via the forum. There is no need to book with the site (unless you have a camper van or caravan or want electric). The site is fairly relaxed about numbers, but if we're going to have a lot more than expected I'd like to let them know.

John Kington

Bala North Wales

Friday 19th August – Sunday 21st August

This third RCC summer camp for 2011 will take place from Friday 19th August - Sunday 21st August at Bala.

This will be a family camp, suitable for all ages and abilities.

The lake at Bala is perfect for flat water trips.

The National White Water Centre on the River Tryweryn is only a few miles away. The Upper Tryweryn provides a Grade 3/4 trip with a Grade 2/3 trip possible on the Lower Tryweryn.

Nearby is Coed Y Brenin forest which has a number of mountain bike trails and walks.

Campsite details to follow in the next newsletter and on the forum.

Hope to see you there

Rachel Desmond Drew

The Scottish Crossing

Paul Binks

If you plan to cross the country by canoe it's always a good idea to choose a narrow bit, and at a mere 65 miles long the Caledonian Canal from Fort William to Inverness is just the ticket.

When I told my mum of our plans she replied, 'Wild camping, in Scotland, just tarps and bivvies', in February, 60 miles, possibility of all weathers and probability of getting most of them! You must be mad.' 'At least there'll be no midges', I replied. We only saw a few.

Setting off at 3pm due to a long shuttle of cars, was myself & Nicky Marsh in one boat, Sam and Allan Hacking in another with John Kington in a sea kayak as our 'conscientious objector' to open boating.

Nicky and I'd not paddled tandem together before and we were being very polite with each other, not wanting to inconvenience the other by shifting position or in my case steering poorly. As time went on though we did become more natural and fell into a good rhythm.

First camp was only after 12Km at the mouth of Loch Lochy.

There was a reasonable portage up a few locks which took us a while.



One thing we learnt was that when you get out and walk 300 yards to inspect the portage it's best to take at least some bags with you, it cuts down on at least one return journey!

There had been the promise of 'facilities' but burst pipes and on-going maintenance meant that a nearby patch of woodland had to suffice. That night Nicky and Sam bivvied down under their own tarps, Allan used his hammock and John and I stuck with tents.

We'd decided that evening meals would be a communal affair and I'd been tasked with buying food. I don't think my colleagues had thought this through though knowing how much extra stuff I usually take, at least we weren't going to go hungry.

We cooked spuds over an open fire in the pan and tripod Allan had brought and BBQ'd using Sam's collapsible BBQ.



Day 2 was windy. That's a simple statement and is true. I can only give you a taste of what that meant to us but I don't think I'll forget what it means for a while yet.

We loaded the boats with sailing in mind, this meant Nicky was sat behind her seat with the mast and sail in front of her, and we edged ourselves on to Loch Lochy and into the wind.

At first Allan was shouting out our speed, read from his GPS; 4.2kph, 5.1kph, 5.7kph, 6.4kph, 7, 7.8, 8.2 – at that point he stopped as the act of sailing tended to need most of our concentration, the other bit of our concentration was trying to remember where the clean underwear was.



At one point I glanced across at Sam and Allan and could see both of them sat in a green canoe but the bit between them wasn't visible and all I could see was water! Nicky seemed to be a long way below me, then moments later she seemed to be above me. Nicky was managing the sail and I was attempting to steer.



As the waves, which got to at least 3 ft. tall if not more, came under the boat the blade of my paddle would end up in the air and had no steering effect. I had to time my paddle stroke and ruddering to ensure I kept us more or less on course.

The waves were pushing us towards the shore and at one point within three waves, our boat was moved from 10m away from the back of John's boat to within 10cm of it. I could just

envisage us landing on the back of his boat, him shooting up in the air and there was a very real possibility we'd lose the box of red wine he was carrying.



Desperate action was called for. 'John shift now!' seemed to work quite well, though next time I may add the word 'please' in there somewhere.

Sometime after lunch we entered the joining canal bit and then on to the narrow Loch Oich



At the end of Loch Lochy we saw an Osprey. This was identified by the Consensus Elimination method used by those that don't really know what they're talking about, but not endorsed by the RSPB; in that we collectively decided it wasn't an eagle, a buzzard or several other species including types of gull and duck, so it must be an Osprey. We'd intended to get a little way down the River Oich at the other end; the canal was shut off for maintenance, but decided to camp on some flat ground part way along its shores.

This time Allan, Nicky and Sam pulled their boats and tarps together to create a shelter for the night. This was good as it created quite a large space for all of us. Sam cooked a chilli over an open fire. By this point the rain had stopped and the view of the stars was fantastic. I'd not mentioned rain before now, you can assume dear reader that if I don't mention it then it's raining, I'll say no more about that.



Day three had us leaving Loch Oich and heading down the river. It was still not raining. I'd seen the weir from the road on our shuttle but didn't recognize it due to the water levels rising. When I said 'Is this the weir?', I think I concerned Nicky a little as she was going to be steered down moving water by someone she thought couldn't even recognize a weir! The river and its few rapids were a welcome interlude from Loch and canal, as was the café we'd found at the end in Fort Augustus.

Nicky and I had envisaged Scottish tea shop, cream scones and a homely elderly lady serving them. The café come restaurant come kebab shop did allow us in, wet and dripping and did serve excellent deep friend haggis and chips; I wasn't complaining!

After lunch we entered Loch Ness; no sightings of Nessy, possibly due to mist and rain limiting vision. The slopes of the surrounding hills are sheer or near vertical at this point but we did see goats and a deer clambering around.

The guide book had said that wild camping spots were limited, they were not wrong. From about 4pm onwards we were scanning the shore for potential spots. At 5:30pm, cold, wet, tired and hungry we landed on a narrow and stony beach and concluded we'd all have to huddle together under a tarp for the night. Luckily I found a small patch of ground just big enough for my and John's tents a little way up the slope, though we did have to tie the guy ropes together between the tents as there was no room to peg them out.



A communal effort to make corn beef hash crouched, laid or knelt under the tarp sufficed for our evening's entertainment.

The final day and the sun was out, and then not, then it rained, then the sun was out again. Many rainbows were spotted along the route to the mouth of Loch Ness and the final stretch of canal into Inverness.

The sun was out, the wind had stopped, we were nearing the end and I was shattered. I'd found it a real challenge. Nicky and I had paddled on one side only the whole trip. The conditions and my lack of technique meant I had to paddle on my strongest side; this meant my muscles weren't used in a balanced way, and boy did I know about it.

There'd been times when I'd been cold and times when I'd been very cold. There'd been times when I'd been wet, times when I'd been very wet, and I can't actually remember being dryer than damp. I'd slept on uneven ground, been disturbed at night by wind and rain and had got a headache due to the strong wind and driving rain, and possible red wine and whiskey. I loved it.

I learnt more about paddling and canoe camping this trip than on any of the other 4 trips I'd done because of that challenge, and learnt more about how I deal with these situations. The camaraderie between the members of the group was ace, you really do not do any of this on your own, the whole lot works because the group works. Roll on the next trip.

If you fancy trying something like this then my advice is just do it; but prepare and plan first. At some point during the summer I'll organize a lakes day trip and at the end we'll set some tarps up and cook our tea outside so if anyone fancies having a do they can.

Keep paddling
Paul Binks

Editor's Bit

Thank you to the member(s) who nominated us for the Philip Singleton Trophy – the “Best Man” won. It would have been embarrassing if it had been anything different.

Another AGM is over and for those who missed it, we have included all the various reports. There is no escape you can't get out of it by just not turning up at the AGM.

Once again thanks to that stalwart article contributor, Paul Binks. He seems to have spurred on his son Sam, who has jointly written an article for this issue with Rob Harrison. Is this going to be a Father Son competition for the Shakespeare Prize next year I ask? Well let's hope so because we will all benefit from reading their humorous exploits.

Thanks to Roy Booth for his front page article about his trip to the Keswick Greta. This is the first newsletter article Roy has supplied, having honed his literary skills supplying articles for the “Accident Book” in recent months. Let's hope he hasn't accidentally upset some of his fellow paddlers with the article. On his own admission he has the ability to “Start an argument in an empty room”.

Just to show that we are a cultured bunch of people we have got yet another Poem in this issue. Thanks to Kath Risely who is now vying for the RCC Poet Laureate prize with Suzanne Thomas.

So come on the Girls let's have a regular Poetry Spot in the Newsletter. Actually men can also supply a poem if they like, but be warned this is a family Newsletter. This is something like we had in mind.

One day an old chap called Terry
Went out to sea in a Skerry
The sea it got rough
He said that's enough
Next time I'm taking the Ferry

Dates and Deadlines: The next committee meeting will be on Wednesday 4th May at 7:00pm at the Hand & Dagger. The next newsletter will be published on 18th May. We would appreciate all submissions by Wednesday 11th.

Please send your submissions by email, to newsletter@ribblecanoeclub.co.uk. When we receive them we will send you an email acknowledgment. If you don't receive one you will know it hasn't been received

Disclaimer Please note that the opinions expressed in this and every other Ribble CC newsletter are those of the author of the article. They do not necessarily reflect the opinions of the newsletter editor or the committee, or the policies of Ribble Canoe Club

Pat & Norman Green
newsletter@ribblecanoeclub.co.uk

Pool Sessions

The following lists the pool sessions booked at Fulwood Leisure Centre, the contact for the courses and the Supervisor and Committee member on duty.

Date	Session	Contact	Supervisor	Committee
18 March	Slalom	Rachel Drew	Will Body	Rachel Drew
25 March	Open	n/a	Mark Dillon	Cynthia Conway
1 April	Sea/Touring Safety	Allan Hacking	Mark Buttle	John Kington
8 April	Skills	Allan Hacking	Mark Loftus	Brian Woodhouse
15 April	Open	n/a	Tony Morgan	Terry Maddock
22 April	Good Friday, no session	Easter Bunny		
29 April	No session			
6 May	1* course	Allan Hacking		
13 May	Paddle Skills	Allan Hacking		
20 May	Open	n/a		
27 May	Rolling Improvement	William Body		
3 June	Open	n/a		
10 June	Paddle Skills	Allan Hacking		
17 June	Open (subject to change)	n/a		
24 June	Open	n/a		

Please note prices for pool sessions:

Rolling Course £20 plus club membership. Freestyle £5. All other sessions £4.

Please book in advance for the Paddle Skills Sessions and Rolling Course by phoning the named contact

Ribble Canoe Club AGM

Year Ending 31st December 2010

Minutes for the Ribble Canoe Club AGM for the year ending 31st December 2010, held on Tuesday 15th February 2011 at The Hand & Dagger, Salwick 8:00pm

Welcome

No apologies for absence

Number of members present 47

Minutes for 2010

2010 minutes were circulated, approval by show of hands

	Proposer	Seconder
Minutes for 2010	Pat Green	Norman Green

SECRETARY'S REPORT – Paul Binks

Membership has levelled out this year after a slight dip over the last couple of years. There has also been a decrease again slightly in the number of junior paddlers within the Club but this is against a peak a couple of years ago. The figures as of December 2010 are shown below, together with the breakdown of member interests:

	2008/09	2009/10	2010/11
Affiliated groups	5	2	
Adult	201	186	190
Junior	94	53	46
Life members	8	8	8
Total	308	249	244

Activity	Numbers Interested		
	2008/09	2009/10	2010/11
Slalom	46	28	29
WW touring	121	124	117
Surf	62	77	69
W/W Race	15	7	5
Polo	36	27	24
General Recreation	205	238	205
Sea	81	98	90
Freestyle	19	19	12

There have been 92 enquiries for new membership received via the website during 2010 as well as people contacting myself and Terry by phone or just turning up at the pool or Hand & Dagger. We look forwards to entering the warmer weather with well attended beginners' trips to introduce new paddlers to paddling and the club.

During 2010 there were no substantial communications other than annual affiliation to the BCU.

In 2010 there were General Committee Meetings in January, March, May, July, September and November, as well as the AGM in February. There were at least 7 members at each meeting, an average of 9, with the highest attendance of 11 for the March meeting. We also held an extra meeting to consider the Halton Fund in January.

Alternating with the General Committee there were Coaching Forum Meetings. The numbers attending these meetings were more variable. We'd like to encourage existing coaches and those interested in coaching to come along.

Once again the summer training courses were healthily attended with two 1\2star groups, a 3 star moving water group and a 3 star sea group and a 3 star Canadian group. This year though the Coaching Forum have decided to not run the intensive 2star course in the summer but run introductory and 1star courses and develop paddlers on the beginners and development trips to the 2 and 3star standards.

TREASURERS REPORT - Year Ended 31st December 2010 Kath Risely

A copy of the Accounts and related Property Schedule has been circulated to members – there should be copies on the tables for you to read from which you can see the following:

Membership income has remained constant over the last three years.

Profit on club courses has increased substantially this year. The star courses have been very well attended as usual and included, for the first time, a 3 Star Sea Kayaking course and an extra Paddlepower course later on in the year.

Once again there has been modest support for polo, slalom and freestyle sessions, although those who have attended have enjoyed themselves. The committee feels that these disciplines are important to the club and we will continue to encourage members to 'come and have a go'. The remaining pool sessions have been generally well attended throughout the year.

Development costs include subsidised coaching fees and safety training courses. These include 6 new level 1 coaches and 2 level 2 coaches. 7 members have passed their Foundation Safety & Rescue Test. 12 members and coaches; have attended White Water Safety and Rescue courses which have been partially subsidised by the club.

Sundry Expenditure covers our annual audit fee, a small donation to Help for Heroes, trophies presented at the Summer Fun Day in the Lakes and a new box to hold our expanding library.

2009 saw the construction of the new canal access path at the Hand & Dagger and it is very likely that in the spring we will have to install some form of drainage and resurface the path following the quagmire this summer.

We have incurred bank charges this year due to cheques for membership fees being returned unpaid by the member's banks. Please could everyone ensure they have sufficient funds in their bank account prior to issuing their cheque.

The Bank balance includes monies totalling £1082 previously described as the 'Halton Fund'. This represented money collected from various sources in years gone by when slalom events were held at Halton. The passage of time made it unlikely that any claim would be made against the club and this amount was written back into the accounts in 2005 as an exceptional item. This situation has now changed following the proposed development at Halton. The committee agreed that this sum should be made available to the Halton Watersports Development Group and this amount was paid over on the 18th January 2011. The club has also pledged an additional £500 which equates roughly to £2 per club member. This is RCC's contribution to a scheme which should secure, and improve access, for canoeists at this valuable local site.

We are also intending investing in polo & slalom boats for the 'larger' paddler as well as continuing to update our fleet of boats. We will also need to spend some cash on improvements to the area around the container at the Hand & Dagger, and possibly some form of extension to the container to accommodate the extra boats.

Overall the clubs position is looking healthy and we are hoping for another successful year in 2011.

	Proposer	Seconder
Treasurers report	John Kington	Allan Hacking
Accept the Auditor, Turner & Brown	Albert Risely	Will Body

COMPETITION REPORT - Rachel Desmond Drew

It's been a relatively quiet year for Ribble on the competition front but there have been some notable achievements during 2010 for our slalom paddlers.

Jacquelyn Shaw was awarded the Ormskirk trophy as the top female C1 premiership paddler for the second year running. She also represented England in the Pan Celtic Cup this year and is currently training hard for the selection next month.

Jonathan Shaw also had a successful year in slalom. He was GB reserve paddler in C1M and was selected for the GB junior team in C2. He placed 11th in the Junior Worlds and won a C2 Silver medal in the European Junior at Markkaleburg. He has gained a place on the GB Olympic development programme for winter training in his C2. Jonathan is currently competing in K1M div 1, C1M prem and C2 prem classes.

Alex Jones competed in K1M Prem division, finishing 2010 in 46th position and is hoping to break into the top 30 in 2011. Mick Huddleston also competed for Ribble in K1M's Div 1 and William Body in K1M Div 3.

New Slalom paddlers this year included Sam Binks who was promoted to Div 3 in K1M in his first slalom at Marple and he took part with Paul Binks and Rob Harrison. I was also promoted at the Stone & Stafford slalom earlier this year from Div 4 to Div 3. Roy Garriock competed in the K1 Mens Veterans Div 2/3 finishing in 7th place.

Looking forward to the coming year, I hope to involve some of our younger paddlers in the Youth Freestyle competitions.

I have also organised two successful Polo nights at Fulwood Leisure Centre as an introduction to the sport and they have been very well attended. In order to give taster sessions to our members, there will be another Polo night on 4th March and a slalom night on 18th March.

If anyone is interested in taking part in or coaching slalom, freestyle or polo, please contact me via the forum or on a Tuesday night.

CHAIRMAN'S REPORT - Terry Maddock

We started the last year in snow and ice and then finished it under the same conditions. Now it looks like we're having some rain at last to please the white water paddlers before the summer lows and the fishing season restrict their activities. Thanks to Richard Collins, flat water trips, now renamed by him as Touring Exploring and Adventure (TEA) Trips were resurrected and now run on a regular basis on the third week-end of the month. His ability to control the sun has led to some good attendances.

It was at the start of last year that developments at Halton were rumoured and then confirmed. So much has been done since then by Pat and Norman Green to start with and then by the Halton Watersports Development Group which they set up. Pat is presenting a Report to you on these matters. It may or may not include the historic news that Ribble CC has handed over the Halton Fund to the HWDG as well as pledging an additional £500 of financial support and manpower as required. I really hope the development progresses to full fruition – I don't want to see the Halton Fund back again. Pat also managed to negotiate for us, three extra paddle dates at Halton in April and May – Halton in warm sunshine; a new experience.

We managed to entice some new Committee Members during the year, Gary Fishwick, Wayne Lees, Kate Fishwick, Richard Collins and Rick Turner. Kate is also our Youth Representative and Rick is our Welfare Officer. Sadly we said goodbye to Andy Biggs and our Welfare Officer Alison Nelson. At this AGM both Kath and Albert Risely are standing down. This means we have lost our Treasurer and our Quartermaster. We owe massive thanks to Kath & Albert for the marvellous jobs they have done over more years than we realised. As well as welcoming the new Committee Members, we welcome John Kington, already a Committee Member now standing as Treasurer, a job I'm sure he'll do as well as he did a few years ago. However he's standing down from the job of organising the Pool Rota and Will Body has taken up that mantle. Our Webmaster Tom Kington stood down after 6 years providing the shop window of our club as well as the news room, forum and chat room. Elizabeth Sleaford has taken on the role so we now have a Webmistress and look forward to her continuing the excellent work.

During the year an Accident/Incident Book was set up to assist in pinpointing any dangerous practices or recurring incidents and enabling action to avoid such issues. The Book is available to view on Tuesday evenings at the Hand & Dagger, at Committee Meetings and at Coaching Forums or at other times by arrangement. We had a spate of accidents and incidents as soon as the Book was set up but this has now settled down.

About 40 members attended West Tanfield week-end camp in June with warm weather, mostly dry and sunny. The lack of water didn't dampen spirits. Although there was no way a R. Ure trip could be run, there are always some features to play on at the rapids within the camp site. Allan Hacking and Will Body cycled home from the camp – 69 miles for Allan and over 80 for Will. Daft beggars.

The camps at Rhosneigr and Bala went well with over 40 members at Rhosneigr and about 15 at Bala where quite a few members had their first runs down the Lower Tryweryn. Thanks to Brian Woodhouse, John Kington and Rachel Desmond Drew for organising the three camps.

Paul Binks organised two pool sessions at Fulwood Leisure Centre in August. This was a new venture and, being successfully attended, is likely to be repeated this summer.

Paul and Richard Collins organised a Grand Paddle & Splash Day on Coniston Water in July. What a success! It's thought that about 50 members, 37 boats and 2 dogs were there. It was an event of many parts. A TEA Trip was combined with open boating, short boating and games for all, followed by barbecues.

Allan Hacking once again took on the onerous task of organising our summer courses. Many thanks are due to him and also to all the coaches and assistants who involved themselves. Rick Patterson and Peter Roscoe organised a 3 Star Sea Kayaking course which was well supported for the theory sessions and for the early trips. However support tailed off for the later events, possibly due to the commitment required at the level of the new 3 Star Award.

This leads on to the subject of standards for all the new Star Awards. Despite our coaches' best attempts to find out just what these new standards are, we have been given very little support in that direction by the BCU who set up the new Star Awards. As new information has recently filtered through to us, it has become evident that the standards of the new Star Awards are considerably higher than the old. In fact, the simplest way to express it is that the stars have moved up one – i.e. the new 1 Star Award is at the old 2 Star standard, the new 2 Star is at the old 3 Star etc.

And on this bombshell – it has become necessary to restructure our courses for this coming year. Keep an eye on our Newsletter and Website over the next month or so to see how the courses will be arranged.

Thank goodness we have our Coaching Forum to deal with these problems, leaving the Committee free to deal with administration and, of course, take the rap for anything that goes wrong!

The Coaching Forum is dealing with all aspects of coaching within the club and regularly gets into trouble with the Committee and vice versa regarding who is responsible for what – strange as there are several Committee Members on the Coaching Forum. We probably sometimes forget which hat we're wearing.

During last summer and autumn, Roy Booth ran Paddlepower courses which were very popular with new members who had joined too late to get on our summer courses which run in spring!! Paddlepower hasn't changed standards, as far as we can tell, and hopefully Roy will run them again this summer and autumn.

In October we held a successful Awards Presentation night at the Hand & Dagger. 1, 2, 3 Star White Water and 3 Star Sea Kayak awards were presented by Eric Innes, the Round Britain Kayaker who also gave a short presentation on his epic paddle and on Help for Heroes, the charity which he supports. A raffle and club donation raised £100 for the charity.

Christmas festivities, like the paddling were disrupted by the snow. Dingo Dumbongo ran successfully thanks to Paul's organising and all who helped, despite several missing due to the weather. Our Festive Meal at the Hand & Dagger had over forty members dining well, but the Dinner & Disco at The New Drop was postponed, giving Debbie Dowe an organisational headache. However she got through it and about 26 members attended in January.

Many thanks to all our Committees, coaches, Forums, organisers, helpers and members who all make this club what it is.

HALTON UPDATE - Pat Green

I am speaking on behalf of the Halton Water Sports Development Group. We are a sub-section of North West Region – Canoe England.

After consultation amongst canoeists, and advice from Canoe England, it was decided that we should seek to establish legal rights to paddle from the North bank and to set up provision for toilets, changing facilities, showers and car parking. And apply for a Grant to cover the majority of the costs.

River Access Steps are to be built and linked to the car park with a dedicated path. It is anticipated that the steps will improve access and egress for open boaters, and people with limited mobility.

It is proposed that users of the site will be required to pay to use the facilities; this is expected to be a fairly small amount, but will help with the on-going costs and contribute to any future opportunities which may arise.

Setting up a fund of money is also a requirement of the Canoe England grant, we have to demonstrate the schemes financial viability.

Late last year we wrote to all the clubs in the NW & Cumbria Region inviting pledges of financial support.

We suggested we would be happy if clubs contributed £2 per member. Of course we would be more than happy to accept larger pledges, as well as pledges from individuals.

The money will not be called upon until the grant application is approved. No doubt we will then be trying to persuade others to make donations.

As the treasurer reported the Committee have handed over the Halton Fund which they were custodians of for many years.

The money was generated at Halton, for future developments there. Unfortunately it has taken more than 20 years for that opportunity to arise.

The one thing I would like to stress is that there is no pressure on anyone to pay and use the Mill Site on the North Bank.

If you just want to use the river, and none of the facilities on offer, the option remains for you to get on the water at the South Bank and paddle upstream to the rapids.

However, all paddling, regardless of which bank you use, will be subject to the current access agreement. Norman will talk later about access.

Time Scales The grant application has been submitted, and subject to the satisfactory drafting and signing of the lease, it will be awarded.

The work on the main mill building has started – this is where the toilets etc. will be located. Scaffolding has been erected all the way round the building. Steel fencing has been erected between the boathouse and the end of the Cohousing land. This is to minimise the chance of the river being polluted by construction waste.

Demolition of other smaller mill buildings alongside the river is due to start in the next few weeks. The construction of the homes should start in June and be completed by June 2012.

We are very much in the hands of others, but we have been advised by the Lancaster Cohousing that the facilities for canoeists are due to be completed by spring 2012.

If anyone is interested, Lancaster Cohousing has a website where you can follow developments. There is a thank you to Canoeists for their efforts on the working party day back in November. There are also a couple of photographs courtesy of Wayne.

RECORDED: thanks to Pat Green for her work on Halton, Proposed by Paul Wicks

HALTON ACCESS UPDATE – Norman Green

As Pat has just said the Halton scheme is designed to secure access to the river for at least 25 years as well as providing some basic facilities. Without these facilities we will be unable to continue to paddle from the North Bank as we have been doing recently.

For many years most of the site has been unoccupied, but once developed by the new owners, Lancaster Cohousing, there will be residential and commercial occupation. This is our once in a lifetime opportunity to be part of the development and its community.

As you may know, Pat is the Canoe England Local River Adviser for this stretch of the Lune, and access is a fundamental part of the Halton scheme. As LRA Pat is in contact with the owner of the fishing rights at Halton but at the moment she is unable to make any public comments on the subject, as matters are still in a fluid state. However we can give some new general information which is relevant to Halton and the question of access in general.

The legal situation regarding access to rivers has been one of the most argued over for many years. A lot of time, money, and effort have been invested to try to resolve a difficult situation. One which has been a source of friction between riparian landowners, fishing interests and river users since members of the public took an interest in using our waterways for recreational pursuits.

The current legal situation is complex and shrouded in uncertainty, so over the years the BCU and Canoe England have been working to have legal clarity established. So far they have been largely unsuccessful.

However that is not the end of the story, for unknown to most of the canoeing world a retired vicar called "Douglas Caffyn" was quietly working away on a Thesis for his Master of Law qualification. His subject matter was "Public rights of Navigation in England and Wales."

His work is now finished and has been seized upon by Canoe England as ammunition in the fight for a fair deal for river access. The information is freely available on the Canoe England web site so you can read it for yourself.

Today Pat received an email from Kevin East Access & Environment Manager Canoe England. The abridged version is that:-

Douglas Caffyn has concluded in his opinion that:-

- 1. all rivers which were physically usable were legally usable,*
- 2. there is a high probability that each section of a river which is now physically usable was usable by small boats in the period 1189-1600,*
- 3. on the balance of probabilities each section of a river which is now physically usable was used during that period.*

Canoe England believes this important latest work warrants the widest attention. It is a significant contribution to the access debate and a presumption in favour of public access to inland waters. Canoe England and the BCU will be commenting further.

This is very encouraging news but there are almost certainly going to be further chapters to the story before it reaches the desired conclusion of public rights of access to rivers. We have been asked by Canoe England to advise that you don't go paddling where and when you want just yet.

This news could mean a fundamental change in our abilities to do river trips. The situation at Halton however is slightly different because we are not just paddling down the river we are occupying it. This will however give us much greater leverage in any future negotiations with the fishing consortium at Halton.

This is all very encouraging stuff, but the fat lady is not singing just yet!

RECORDED: A question was asked about the access arrangements at Halton. Pat replied they stayed the same for now but discussions are taking place. A short discussion about access at Halton took place

ELECTION OF COMMITTEE:

Note: The following Committee Members are standing down at this AGM:

Treasurer Representative Kath Risely
 Quartermaster Albert Risely

The following Committee Members resigned during the year:

Andy Biggs
 Alison Nelson

1) Officers standing for election

Post	Nominated Officer	Proposer	Seconder
Treasurer	John Kington	Wayne Lees	Paul Wicks
Welfare officer	Rick Turner		
Quarter master	No nomination		
Youth Representative	Katie Fishwick		

2) Committee members standing for re-election

Post	Nominated Officer	Proposer	Seconder
Membership Secretary	Brian Woodhouse	Nicky Marsh	Roy Booth
General Secretary	Paul Binks		
General Committee	Ed Lefley		

3) New committee members standing for election:

Post	Nominated Officer	Proposer	Seconder
General	Gary Fishwick	Albert Risely	Steve Singleton
Welfare officer	Rick Turner		
General	Katie Fishwick		
General	Wayne Lees		
General	Richard Collins		

ANY OTHER BUSINESS**Proposal by Roy Booth and seconded by Matt Aspden**

I propose that the club start a boat replacement strategy for the pool boats by both moving some boats from the canal lockup and then replacing them or replace them directly.

There are lots of good quality second hand boats on offer throughout the year at reasonable prices.

The reason for the proposal is that on most occasions this is the first impression people get when thinking of joining the club and on more than one occasion coaches have brought down their own spare boats because they are embarrassed by what is available if the pool is busy.

This was passed unanimously

CONCLUSION OF OFFICIAL BUSINESS

PRESENTATION OF CLUB TROPHIES

Late nominations have been received for the competition trophy for Jaqueline Shaw & Jonathon Shaw. Strong opinions were expressed at the AGM that Jonathon should be awarded the trophy. At the subsequent committee meeting this was formally agreed.

Below is a list of the nominees for the various club trophies and nominations, the names highlighted were the winners. The trophies were presented to the deserving winners by Andy Dowe, one of our longer standing Members who many of you will know, mainly through his sea paddling trips for both novice sea paddlers and old salts.

NOMINEE

PROPOSALS PUT FORWARD BY CLUB MEMBERS

DRIFTWOOD

Adam Fishwick	For his paddling progress, plus the fact that he's always willing to help and support new members
Rob Harrison	A beginner who has massively improved very quickly.
Debra Bookbinder	For progressing her paddling in an intensive season of paddling at home and abroad.
Katie Fishwick	For progressing from a beginner to a UKCC L1 Coach within a year.
Wayne Lees	For tremendous improvements in paddling skills.
Sean McCartney	He taught himself to paddle, came on sea trips handling choppy conditions really well in a Skerry. He taught himself to roll and then completed (I think) the Paddlepower course.
Whitbread Family	General paddling skills and great enthusiasm.
The Three Amigos	Jack, Anthony and Kyle because they have only been paddling since May last year and have improved massively and become very competent paddlers, never sitting in an eddy when there is space on a wave and have paddled at every conceivable opportunity, in all weathers, canoeing, kayaking, play-boating, surfing etc. and always pushing their limits.

COMPETITION

Middle Aged Fogies	For eventually thrashing the 'Bongo Boys' and showing that age is never a barrier in the Dumbongo Arena
Sam Binks	For his promotion from div 4 to div 3 at the Marple slalom back in September
Jaqueline Shaw	Ormskirk trophy for being prem/one Bib 1 for the second year running. Paddled for England in the Pan Celtic Cup. She has been training hard this winter for selection next month, also got a £1000 scholarship from Nottingham University toward her training.

Jonathon Shaw GB reserve C1, selected for GB Jnr Team in C2. 11th at Jnr Worlds at Foix. C2 Silver medal in the European Jnr/U23 at Markkleburg. Taken on GB Olympic development programme for winter training in C2, expected to be paddling for GB at Europeans in Bosnia (July). Should be paddling for GB in Slovakia & France in May/June. Funded by Canoe England. Training on the new Olympic course at Lee Valley and back down in 10 days' time. Will be going for selection in C1 and C2. In Prem for C1 and C2 and represents England in both classes.

YOUTH CHALLENGE

Jonathon Shaw For his junior GB Squad selection

Michael Smith Improved tremendously. Started paddling in May and has impressive moves incl. Rolls LH and RH and a wicked High Support. Keen to try new challenges and never stops asking questions about paddling. Just ask Norman as he has been on the receiving end of a good number of his questions.

Elliot Whitbread For great perseverance and improvement.

The Three Amigos Jack Turner, Kyle Adair & Anthony Caton. See Nomination under Driftwood Trophy.

SHAKESPEARE

Katie Fishwick For her 'Return to the Aquarium' article in the July newsletter. For potential outsiders considering joining the club this article gave a really good insight into what a new member could expect. Whilst written in simple prose it had elements of subtle humour. It was quite inclusive in that it showed the diverse range of experiences she's had and the people she'd met. The photos were also very good and added to the article.

Debra Bookbinder For writing 6 good articles for the Newsletter over the year - one article every month on different subjects with good photographs.

Mark Dillon Re: Catastrophe Curve, I think of this article before and during all my paddles.

PHILIP SINGLETON

Steve Swarbrick For his past committee work and the fact that he could always be relied on as a voice of reason. Also for his trip leadership on the Scottish Easter trips for so many years, his massive input into Club camps, his stainless steel barbecues/braziers, his concern for the safety and well-being of other canoeists and friends, and for representing all that Ribble Canoe Club stands for.

Pat Green Frequent offer of hot drinks and cakes, shuttle runs in the car and photo and video expertise as well as her hard work with the Newsletter

Pat, Norman & Mark Green For always being at Halton, to help, advise, and rescue the odd swimmer. We have paddled there about 10 times this season, they have been there nearly every time to keep their eye on us and look after us, when my dad couldn't make it.

FLOATER

Debra Bookbinder	For her ice-breaking exploits
Team Binks	For persistence in paddling canoes tandem in absurdly unsuitable water
Wayne Lees	For his centrally heated tarp at Grandtully
Albert Risely	For his knee (most unfortunate injury)
Richard Collins	For resurrecting the TEA Paddling Group. He's not been in the best of health in recent years but still he dug deep, motivated people, controlled the weather and gave new life to a paddling section of the club that was beginning to become neglected
Katie Fishwick	For quickly rising to become a coach
Adam Fielder	For swimming a mile along the Lancaster-Kendal Canal and contracting the lurgi and losing 4 stones
James Wood	First seal launch in a kayak off Allan Hacking's open canoe.

LIFE MEMBERSHIP

Tom Kington	For dedication to the Club's Web Site for the past 6 years providing the shop window of our club as well as the news room, forum and chat room.
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Thanks to all those who took the time to propose the nominees

Ribble CC Library

To borrow a book or video, contact Cynthia Conway at the Hand & Dagger. Donations of books or videos are always welcome.

Technique:

BCU Handbook

The Practical Guide to
Kayaking

Canoeing & Kayaking

William Nealy's "Kayak"

Bombproof Roll and Beyond!

Eskimo Rolling for Survival

White Water Safety & Rescue

Weir Wisdom Rapids

Canoe & Kayak Games

The Playboater's Handbook

Complete Book of Sea
Kayaking

Sea Kayak Navigation

Path of the Paddle

Canoeing

Open Canoe Technique

Rowing it Alone

The Handbook of Survival at
Sea

BCU Coaching Handbook

Sea Safety: The Complete
Guide

White Water Kayaking

The Art of Freestyle

Canoeing Safety and Rescue by
Doug McKown

Guidebooks:

English White Water

Scottish White Water

White Water Lake District

An Atlas of the English Lakes

Canal Companion: Cheshire
Ring

Anglesey Sea Paddling

Welsh Sea Kayaking

100 Paddles in England

Scottish Sea Kayak Trail

General:

The Rough Guide to Weather

The Liquid Locomotive

Many Rivers to Run

Norwegian rivers

Canoe Focus

Working out of Doors with
Young People

Expeditions:

Travels with a Kayak
Whit Descher

On Celtic Tides
Chris Duff

Blazing Paddles
Brian Wilson

Dancing with Waves
Brian Wilson

Paddling to Jerusalem
David Aaronovitch

The Last River
Todd Balf

Paddle to the Arctic
Don Starkey

Canoeing across Canada
Gary & Joanie McGuffin

The Canoe Boys
Sir Alastair Dunnnett

Odyssey among the Inuit
Jonathan Waterman

Barbed Wire & Babushkas
Paul Grogan

Videos:

Liffey Descent

Deliverance (18)

Extreme Sports Canoeing

A Taste of White Water

Wicked Water 2

Drill Time

Destination Nowhere

Path of the Paddle: Whitewater

DVDs:

Tony Morgan - Grand Canyon

LVM Lunch Video Magazine

Ribble Newsletters (CD)

RCC Newsletters 2002-2009

Without a Paddle (13)

Whitewater Kayaking

The Cockleshell Heroes (U)

Mags Brayfield in Nepal

Tatshenshini/Alsek 2007

Mountain River Movie
By Michael Allender

Jackson Kayak Promo

It's Different Every Time
Halton Rapids
Norman Green

Fort William 2005/06 Trip

My Tartan Adventure (VCD)
RCC, Scotland 2007

Thistle Float Your Boat
RCC, Scotland 2007 & 2008
Norman Green

Locks and Quays
Featuring Ribble Canoe Club

The Politics Show
Featuring Ribble Canoe Club

Open Canoeing
Reg Blomfield

EJ's Rolling and Bracing

This is the Sea - 1st ever action
sea kayak video
Janet Robinson

100 years of Whitewater
Adventure (USA)

Sea Kayak with Gordon Brown
Instructional Journey along
Skye Coast

Last minute trips organised on the website, at the Hand & Dagger (Tues, 6:30pm onwards) or Fulwood Leisure Centre (Fri, 9:00pm). If you have any dates for the calendar please contact Terry Maddock

Ribble CC development trips are in **bold**
Ribble CC recreational events (assumed risk) are in ***bold italic***.
Other Ribble CC events are in *italic*.
Events in normal type are external events listed for information only.

MARCH

Friday 11
21:00 – 22:15 Pool Session: Paddle Skills
Contact: Allan Hacking

Sat 12
10:30 – 14:00
Beginners trip – H&D
Contact: Roy Booth

Fri 18
21:00 – 22:15
Slalom Pool Session - Fulwood Leisure Centre
Contact: Rachel Desmond Drew

Fri 25
21:00 – 22:15
Sea / Touring Safety Pool Session - Fulwood Leisure Centre
Contact: Allan Hacking

APRIL

Fri 1
21:00 – 22:15
Open Pool Session - Fulwood Leisure Centre

Sat 2
All day
Sea Quest - Outside event - Ravenglass Cumbria

Sat 2 or Sun 3
Development Trip
Contact: Roy Booth

Wed 6
19:00 – 21:00
Coaching Forum - Hand & Dagger

Fri 8
21:00 – 22:15
Paddle Skills Session - Fulwood Leisure Centre
Contact: Allan Hacking

Fri 15
21:00 – 22:15
Open Pool Session - Fulwood Leisure Centre

Sat 16 or Sun 17
beginners trip – tba
Check forum or online calendar nearer the time

Fri 22 and Fri 29
No pool sessions run over Easter

MAY

May – June 2011 1* Course

Wed 4
19:00 – 21:00
Committee meeting - Hand & Dagger

Fri 6
21:00 – 22:15
1 Star Pool Session
Contact: Allan Hacking

Sat 7 to Sun 8
Div 3/4 Slalom at Wagon Lane, Bingley, W Yorkshire

Fri 13
21:00 – 22:15
Paddle Skills Session - Fulwood Leisure Centre
Contact: Allan Hacking

Sun 15th May
RCC Fun Day Blackpool Wakepark
Richard Collins – see forum

Fri 20
21:00 – 22:15
Open Pool Session - Fulwood Leisure Centre

Sat 21 Paddle & Beer Fest see Forum

Fri 27
21:00 – 22:15
Improve Your Roll - Pool Session - Fulwood Leisure Centre

JUNE

Wed 1
19:00 – 21:00
Coaching Forum - Hand & Dagger

Fri 10
21:00 – 22:15
Paddle Skills Session - Fulwood Leisure Centre

Sat 11 to Sun 12
Sea Kayaking Weekend - Anglesey, Wales

Fri 17
21:00 – 22:15
Open Pool Session - Subject to Change - Fulwood Leisure Centre

Fri 24
21:00 – 22:15
Open Pool Session - Fulwood Leisure Centre

Fri 24 to Sun 26
West Tanfield Camp - Slenningford Watermill, West Tanfield

JULY

Wed 6
19:00 – 21:00
Committee meeting - Hand & Dagger

Fri 15 to Sun 17
Rhosneigr Camp - Rhosneigr, Anglesey

AUGUST

Wed 3
19:00 – 21:00
Coaching Forum - Hand & Dagger

Fri 19 to Sun 21
Summer Camp - Bala, Wales

NOTE: Trips may be changed or cancelled at short notice. Always get in touch with the trip organiser the day before to check!

If you don't, and you have a wasted trip, don't blame us.