

TALES FROM THE RIVERBANK



January/February 2011

A Winters' Tale

Norman Green



View from Crook-O-Lune Picnic Site

Being a bit short on articles for this edition and being typically English I have decided to write about the weather. From a paddling perspective of course. This is because so far, this winter has been even worse than the last one, and we thought that was bad. It is a fact; December 2010 was the coldest since records began in 1910.

We have not received any new articles from Debra Bookbinder this time so we assume that the weather has even been too cold for “The Ice Maiden” to venture on the water. So that’s official then, it’s been colder than last winter.

The record low temperatures meant that canals and small lakes, like Derwentwater, froze over, thus dramatically reducing the places available for paddling. That’s assuming you wanted to paddle in the first place.



River Eden Photo courtesy of Iain Robinson

Many roads were affected by snow and ice so even travelling by car was quite challenging.

Local rivers were still flowing in places but some sections of them were frozen over, or frozen along the edges or blocked with icebergs that had floated downstream.

But of course being made of stern stuff several members did actually get out and paddle so this is a story dedicated to those hardy or is that foolhardy souls?

So it was like this then, on 26th November 2010 the “Great Cold” descended on us and temperatures dropped like a stone. We were spared the snow that fell upon Scotland and the North East of England, but Cumbria had a small covering of the stuff.

On the 12th December despite temperatures varying between -2° and $+2^{\circ}$, over 40 paddlers descended on Halton Rapids. These were mainly members of Ribble Canoe Club, Bolton Canoe Club and a contingent from

OAG who paddled up to Crook-O-Lune for Bacon Butties at Woodies Cafe.



Members of OAG setting off for Woodies

On Friday the 17th December the snow finally arrived just in time to disrupt the travel plans of members wanting to attend the Annual Christmas Dumbongo at Fulwood Pool. Some would be Dumbongoers were unable to make it to the pool, but in the spirit of “the show must go on” Paul Binks organised a fun event for all the participants most of whom lived in Fulwood as they hadn’t far to travel. Having enjoyed the fun and games in the pool there were more to be enjoyed on the journey home on untreated snow covered roads, with ABS braking systems being tested to the full. Mine kicked in just before a near miss with the wall in front of the Sherwood Pub. (ABS does this stand for “A Bugger Snow?”).

On Saturday the 18th December the snow covered roads caused the club to postpone an Indoor Event at the New Drop Inn where the Christmas dinner and dance was due to take place. This was getting serious. Even our local dogs were dressed in sweaters and overcoats.



“Hope these suits have two way zips I’m dying for a pee”

On Sunday the 19th December we decided that paddling was out of the question so we decided to drive the relatively short distance to Avenham Park in Preston for a bit of a walk. The place was busy with people sledging down the snow covered slopes on all manner of things from regular toboggans to pieces of old tarpaulin.



***Sledging on Avenham Park Preston
Picture courtesy of Kath Risely***

The tarpaulinistas did admit to having rather a lot of bruises, which explained why none of our party (even the ones with plenty of natural padding to their rear ends) were keen to accept offers of a ride with them.

Instead we took pictures of the frozen River Ribble, and of members of Ribble Canoe Club (Nick Ley and Eileen) in their alter egos as they smugly passing by on cross country skis while the rest of us slipped and slithered around on the frozen footpaths.



Frozen River Ribble



Nick & Eileen in their alter egos

On Tuesday the 21st December we received a picture taken at Halton showing the river almost completely frozen over.



Halton Rapids Picture courtesy of Chris Coates

This made us even more determined to stay at home and keep warm whilst waiting in for the long overdue Christmas presents ordered from Amazon to arrive.

On Christmas Eve we visited friends in Leyland. Whilst returning home at 10:30 pm, the car temperature gauge registered -11c. Goodness knows what it dropped to later on that night.

By the 27th December a slight thaw arrived with temperatures going into positive numbers at last and ice starting to clear from the roads.

By 29th December having been cooped up over the Christmas period we decided to go to Halton for a paddle, in the hope of repairing

some of the waistline damage done by the Christmas Eating-Fest.

Several other club members turned up so we felt that we were not the only crazy people wanting to paddle on what was a mist shrouded river.



Denny Beck Weir Halton

We guessed that the mist was caused by the fact that despite the air temperature being around 7°, the water temperature must have been barely above freezing.

The thought of swimming was not a pleasant one today. The mist also explains the lack of photographs, since it was difficult to see from one bank to the other.

The level of the river was quite high and there was a lot of ice around the edges where there had been stagnant pools.

Above the top weir there were sheets of ice several inches thick and occasional lumps of ice were floating down the river.

Many of these lumps were difficult to see whilst on the water because they were just below the surface and clear as glass. When you hit one it felt like you had hit a rock, even though you knew you were in deep water. If you hit one with your paddle it was also a little disconcerting to say the least.

In the end only one person won the "Titanic Award" for being sunk by an Iceberg.



Forge Weir Halton

On the way home we decided to call at Crook-O-Lune to take a look at the river, which was reported as being frozen over. The scene was really incredible. The river was not frozen over; it was covered with icebergs blocking it from bank to bank.



River at Crook O'Lune Picnic Site

We next paddled on 2nd January, when Halton had returned to its more normal state and most of the ice and icebergs had gone.

So that's the winter over then? Well actually it's still only January and as I write this article there has been another couple of centimetres of snow.

Norman Green

Kayak store!

Suzanne Thomas

As I peeped around the garage door,
There they were my boats galore.
My sea kayak, my pink one too
And there was my favourite; my green canoe!

Stacked so neatly in their rows,
They looked so pretty but yet who knows.
When will they feel the water cool?
Of the next rivers pool?

I'm a flat water girl;
(I've lost my nerve).
To get it back is my aim,
And then I can re-join the game.

Enjoying playing in the soup,
Maybe I'll even 'loop the loop'.
But; for now my boats sit in their rows
And I'm enjoying writing prose!

Booking Equipment

A reminder to any members wanting to borrow club equipment
Please remember to follow the standard booking procedure, which is:

- Ring me on a Monday evening (contact details in Newsletter)
 - Collect and return kit at H&D on a Tuesday evening.

SIMPLE!



Happy Paddling

Albert

AGM 2010

PLEASE NOTE: There will be subsidised Supper (Cottage Pie or a vegetarian dish) served after the meeting the cost to members will be £3

There will also be raffle if you have any items you wish to donate as prizes please either hand them to a committee member before the event or bring them along on the evening.

AGENDA

Notice is hereby given that the Ribble Canoe Club AGM for the year ending 31st December 2010 will be held on Tuesday 15th February 2011 at The Hand & Dagger, Salwick at 7:30 for 8:00pm start for the following purposes:

1. To receive the Hon. Secretary's report for the year ended 31st Dec 2010.
2. To receive the Hon. Treasurer's report and Statement of Accounts for the year ended 31st Dec 2010.
3. To receive the Competition Secretary's report for the year ended 31st Dec 2010
4. To receive the Halton Report by Halton Watersports Development Group
5. To receive the Hon. Chairman's report for the year ended 31st Dec 2010.
6. To elect Officers and Members to the General Committee.
7. To appoint auditors.
8. To consider the proposal by Roy Booth
9. To discuss any other business.
10. To present the Club Trophies

By order of the Committee.

Paul Binks, Secretary

PROPOSALS

Item 6: the current General Committee members are:

Chairman	Terry Maddock
Secretary	Paul Binks (General) *
	Brian Woodhouse (Membership) *
Treasurer	Kath Risely >
Competition Secretary	Rachel Desmond Drew
Quartermaster	Albert Risely >
Child Welfare Officer	Rick Turner +
General Committee	Cynthia Conway
	John Kington *
	Ed Lefley *
	Will Body
	Gary Fishwick+
	Katie Fishwick+
	Wayne Lees+
	Richard Collins+

Those marked * are due to retire by rotation (every 2 years) and being eligible offer themselves for re-election. Those marked + have been co-opted onto the committee during the year and now stand for election by the general meeting. Those marked > are standing down.

The following Committee Members resigned during the year: Andy Biggs, Alison Nelson

John Kington is standing for the position of Treasurer

If a new Quartermaster is available for nomination in time, he/she will be proposed at the AGM - otherwise he/she will be co-opted at the first opportunity.

Item 8: Proposed by Roy Booth and seconded by Matt Aspden

I propose that the club start a boat replacement strategy for the pool boats by both moving some boats from the canal lockup and then replacing them or replace them directly.

There are lots of good quality second hand boats on offer throughout the year at reasonable prices.

The reason for the proposal is that on most occasions this is the first impression people get when thinking of joining the club and on more than one occasion coaches have brought down their own spare boats because they are embarrassed by what is available if the pool is busy.

Editor's Bigger Bit

Do not get the wrong idea from the title, it is simply that the editors bit is going to be bigger than in previous editions (stop your OO-Erting Terry).

The reason it is bigger is simply because the rest of the newsletter is smaller. We have been suffering from a distinct lack of interest in the submission of articles for this edition and the previous one. Is this because the bad weather has curtailed our ability to go out paddling and therefore no one has anything to write about? Or is it due to a general feeling that the newsletter is no longer relevant to the clubs' requirements and ready for coming to an end? Even the calendar only takes up two columns instead of the usual three.

When we took over the job as editors, we received help and advice from Martin Stockdale, the previous Editor. Along with

this he gave his general feelings about his view of the future of the newsletter. He felt that the changes in technology and the way we all interact with the Internet meant that the functions fulfilled by the newsletter could be done easier and quicker by a web site.

That was two years ago, and since then his remarks are even more starkly demonstrated. You only have to look at how much people use Social Networking Sites like Facebook to realise this fact. If you add in the take up of "smart phones" which can surf the Internet from anywhere at any time (well almost), we have a club membership who are less willing to accept the constraints of waiting around for two months for a newsletter which arrives containing old news, or information which is subject to change.

To view that change you will of course have to look on the Forum on the club website. So why not supply the information via the website in the first place?

The club website seems to be a bit of a bone of contention in itself, some members think that information is not being updated often enough, especially photographs on the "Gallery." If you look for yourself it is hard to disagree. The gallery was last updated in June 2009, and The Committee page is still displaying names of retired committee members.

I read recently the results of a survey which asked what would make someone keep returning to a web site. The top answer was the fact that the site was constantly being updated with new information. If you think about our own web site, the best thing about it is the Forum, which is being constantly updated with new information. The difference of course is that this new information is coming from you the members.

So where does that leave us? Perhaps once again we should look to technological change in the way that web sites are constructed for a possible solution. Content Management Systems (CMS) seem to be the future of web sites; these systems allow lots of suitably authorised users with different levels of permission to upload information to a website. If you Google "joomla.org" or "drupal.org" you will see examples of two popular free content management website systems.

When we edit the newsletter we have no idea if the articles we publish are interesting to members or not, since we have no way of obtaining feedback other than someone taking the time to send us an email. Those submitting articles have told us that apart from ourselves, it is rare they get any feedback about what they have written.

One of the features of CMS is that you can conduct online surveys to find out how popular your information is. This feedback could help in the provision of information that is **actually** wanted rather than what is **perceived** to be wanted.

What happens to the role of Editor? If the club still feels a need for an Editor to supply a light-hearted mix of articles to supplement the day to day club information, this can be done very easily. The editor will have the necessary permission to simply supply "Articles" to the web site. This can be done on an ad-hoc basis or as a programmed task depending on the availability of articles from members. In fact members can supply articles direct to the web site, but they would have to be authorised and possibly edited before being published.

Perhaps this subject is worth discussing under AOB at the forthcoming AGM?

Well that's our two-pennyworth and what you get if you don't send us articles.

Dates and Deadlines The next committee meeting will be on Wednesday 2nd March at 7:00pm at the Hand & Dagger. The next newsletter will be published on 16th March. We would appreciate all submissions by Wednesday 9th.

Please send your submissions by email, to newsletter@ribblecanoecub.co.uk. When we receive them we will send you an email acknowledgment. If you don't receive one you will know it hasn't been received

Disclaimer Please note that the opinions expressed in this and every other Ribble CC newsletter are those of the author of the article. They do not necessarily reflect the opinions of the newsletter editor or the committee, or the policies of Ribble Canoe Club

Pat & Norman Green
newsletter@ribblecanoecub.co.uk

Calming the spirit of Dumbongo

The spirit of “Dumbong” was angry.

And he sent snow to stop the wise from travelling. The snowiest snow that had ever snowed. It even snowed in Blackpool. The oldest of the wise tried to venture forth but the spirit of Dumbong struck hard and a lamp post fell to block his way.

But 15 warriors and their entourage travelled to the meeting place to challenge each other for the prize: the head of Dumbong (and chocolate!). The clans formed around their kin: the family Whitbread with their cousins John K, and Gary F, The Mighty (Graham) Kingaby with Paul, Michael, Matt and Binky-boo, and the Young Bucks, Adam, Rob, James and Tom & Heather. All was set. Rosie ‘I don’t paddle ‘causes it messy my hair’ Binks and Katie Star Fish-wick were there to keep the score and Binky-boo, and many others, numbered in their thousands (not quite) kept order and threw sponges.

The competition began, games where played, in equal measure egos boosted and prides hurt (but thankfully nothing else). Scores were kept, but not revealed. When the waters where calmed and boats returned to the cave, the people went to the safe place of warmth, alcohol and reasonably priced soft drinks. It was time to reveal the reckoning.

The “Young Bucks” and the “Mighty Kingaby” were equal in not coming first. The mightiest of all was the “Family Whitbread” and their cousins John K and Gary F.

But that was not all. Many had taken part in a battle of paddle-man-ship, in a 2 minute rolling competition, one minute on each side.



Two warriors stood out as greatest amongst the great and were equal in their achievements, Adam Fishwick and Michael Smith.



The spirit of Dumbongo was quiet. The people returned from whence they came. But it continued to snow a great amount and no paddling was done that weekend, or the one after that!

Paul Binks

Chairman's Chinwag

The annual inspection and audit of all our equipment, as notified on the front page of our last Newsletter, has once again been carried out with total efficiency by our Quartermaster, Albert. I believe he was ably assisted by a wife and some Greens. The audit covers boats and equipment at both The Hand & Dagger and Fulwood Leisure Centre, plus the odd item not returned despite all the requests and notifications. It's not fair to expect our Quartermaster to drive round the countryside retrieving items that have been promised to be returned but just don't show up. So think on now; you know who you are! And now our Quartermaster's standing down – see what you've done!!

Our wholehearted thanks to Albert for running as tight a ship as our wayward members and the Human Rights Act would allow. Given a year or two's complete rest, copious quantities of nerve tonic (laughing gravy) and, of course, counselling, he should make an almost complete recovery.

Now, I've just realised I'm not selling this job very well to any prospective incumbent. So forget all that I've just said and listen. There's this dead easy job up for grabs to the first lucky Member who volunteers. And you get to be on the Committee as well (for free). All you need is a big book and a pencil, a telephone and to be free most Tuesday evenings. The occasional Member will ring you on a Monday evening (never ever on a different night or at work) and arrange to pick up a boat/equipment from the H&D on the following evening. They will return the boat/equipment religiously on the following Tuesday. There are a limited number of keys to the container and the Chairman never hands these out like confetti in a thunderstorm to all and sundry and any passing stranger.

So, you see, it's a cushy number. Speak to a Committee Member or ring me and a fiver should see the job's yours.

Kath's standing down as Treasurer at the AGM too. She was good, you know. She hung on to that money like a Yorkshireman – until the red neck oil loosened her spending muscle, and then hey ho! It'll all be different now. John Kington's volunteered to take over as Treasurer as long as someone takes over his Pool Rota organisation. So that's another volunteer needed. Thanks to Kath for all her hard work and knowing when it was time to have another glass of wine.

Both Albert and Kath are standing down from the Committee as well as their official posts. We will be left with 11 Committee Members resident in the country and 1 in Australia. We need a minimum of 7 at any Committee Meeting so volunteers are always welcome. Or you could do the dirty on someone else and put them forward.

I hope to see you at the AGM on 15 February at the H&D. The meeting will start prompt at 8.00pm so aim for 7.30pm to get a drink in and find a chair. The formal part of the meeting should be over by 8.30pm followed by our awards. Cottage pie or tomato & pepper pasta will be served at about 9.00pm at the heavily subsidised price of £3. A raffle will be drawn either before or after the food depending on time.

Please feel free to provide a prize for the raffle – you can drop it off with a Committee Member or bring it along on the night.

If you can get a celebrity along to present the awards please let me know – They'll get a free meal and drink for their trouble, and a warm glow. See you there (you may have won an award, you never know!)

Terry Maddock 01253838502

Chairman@ribblecanoecub.co.uk

White Water Safety Rescue – Ribble Style

Debra Bookbinder & Paul Binks

DAY 2

Leven, Lake District, just above the brick chute

Ever done skydiving? Well think about freefalling and that's just about what you have to do if you're in a stopper and you want time to think!

Here Mark D is getting out and Paul Binks is getting ready to launch in.



We also practised fishing people out:-



I did say those ropes came out a lot.

Worried we might all be a bit warm Sean thought it would be a good idea for us to 'chill out' taking a swim down the brick chute.



This was followed by an aggressive swim to a nearby eddy.



There followed a rather wet wade back to our boats



Paul is still smiling. Maybe this really is Care in the Community.

Next up, avoiding obstacles.

This involved swimming over a 'tree' in the river. The 'tree' in question was a plank of wood held by Sean and his coach assist. They appeared to particularly enjoy this so I do need to check it's part of the curriculum and not just put in for their entertainment.



We then got to 'rest' by pulling boats, with various rope combinations and loaded with bodies across the river bank. Those with expertise soon emerged and impressed with their vast knowledge and ability (i.e. folk who'd been in the scouts and could tie a knot of any description).



Our antics served as an interesting distraction to a local bird, which Sean shooed away as it hadn't paid for the course...



Sean covered foot entrapment. Very sobering.

Learning point 2,3,4,5,6,7,8 and 9; when swimming in a river, KEEP YOUR LEGS UP.

I suppose the course could have ended there. We'd already learned loads. But no, we had to put it ALL into practice!

So we learned how to be clipped onto a rope and be 'live bait' in the river, having to trust whoever is holding the rope to fish you, and for whatever reason you went in there, possibly someone or something, out.



We had to swim and be rescued by someone on 'live bait', get boats across the river and back....

This has to be my favourite picture, my boat empty and not because I've taken a swim!



Having thought we couldn't be any more scared Sean then decided it would be a 'good idea' if we knew what it felt like to be held in a strong current. This necessitated setting up a line across the river...



Being clipped on to it....



Allowing the current to sweep you down it

Until you reach the 'v' point, where you hold your hand in the air for as long as you can



before releasing your safety strap and swimming out



Then being caught by someone on 'live bait' who is ready to grab you



We did all survive, but Paul wasn't smiling as much, Wayne was asleep, Mark was smiling but we think it was shock, but Sean looked happy!



It was a fabulous experience, I'm now much more confident of knowing what I can do as an alternative to hyperventilating, and a fantastic weekend. However, when folk at work asked what I did for the weekend apparently I dribbled and shook a bit....

Debra had asked me if I'd edit the piece back in early December, loads of time before the January deadline for the newsletter. So with 4 hours to go before Pat and Norman starts sending me abusive e-mails I started editing it. But how can you edit Debra's stuff? So I won't try.

I'm glad I've waited until now to write this because I think I'd have put something flippant and hugely humorous, or at least try, if I'd done it earlier. But I won't. What I will tell you is that on Saturday I went on the Irwell from Ramsbottom and came out twice.

Allan at the start of the trip had assessed the group and I freely admitted to be the person most likely to swim, so the whole group was aware to look out for me. We checked equipment and two sets of splits were available, we took one set. I broke my paddle and had to use the splits. We also used a series of ropes and slings to reunite me and my boat, tackling the obstacle of me on one side of the river and at the top of a bank and the boat on the other.

On my second swim, whilst still in the boat my head was rattling on rocks whilst I was upside down in the boat, my helmet taking the brunt of the abuse. My new BA could have been a bit tighter fitting as it came up slightly and slightly obstructed my mouth when I first surfaced: a lesson reinforced there for me.

Swimming position immediately adopted, on my back, feet down stream, and a tree obstructing my way immediately presented itself. My colleagues, having been on such courses and having relevant experience, they immediately assessed me, the river, themselves and each other.

By virtue of the training and experience they individually and we collectively gave ourselves permission to take action and be commanded, me included. When Will shouted 'aggressively swim to the eddie' I just did it. I knew what aggressively swim meant and I knew he's assessed the situation. At that point in time, having just surfaced, cold and flustered I just needed someone to tell me what to do.

Once I was out of the river the others turned attention to my boat. I scrambled up the bank and started to pick my way through wood and scrub. The friendly and slightly concerned voice of Paul Wicks greeted me. He had found a safe place to get off and come looking for me. We had a brew and biscuit break and started again, before I got too cold.

Allan chaperoned me down the rest of the river knowing I was a bit shaken, but also knowing that with the river becoming easier from there on in.

He used the riding adage that best thing to do when bucked off is get back on.

I am ever grateful to my colleagues, Allan Hacking, John Kington, Paul Wicks, Steve from Pendle (he must have a surname I just don't know what it is) and Will Body for helping me when I needed it. When they need it or whenever any of you need help when you're paddling with me I'm there to help and hopefully prepared and know what to do.

Sorry to end on a serious note, actually I'm not sorry: Are you prepared? Do you know what to do? Can you help look after others and more importantly, can you look after yourself. Canoeing may be a sport, but in situations like this, it's not a game.

***Debra Bookbinder
& Paul Binks***

Pool Sessions

The following lists the pool sessions booked at Fulwood Leisure Centre, the contact for the courses and the Supervisor and Committee member on duty.

Date	Session	Contact	Supervisor	Committee
21 January	Rolling	Gary Fishwick	Katie Fishwick	Gary Fishwick
28 January	Rolling	Gary Fishwick	Wayne Lees	Kath/Albert Risely
4 February	Rolling	Gary Fishwick	Katie Fishwick	Gary Fishwick
11 February	Skills	Allan Hacking	Mark Dillon	Paul Binks
18 February	Open	n/a	David Nelson	Alison Nelson
25 February	Open	n/a	Mark Loftus	Brian Woodhouse
4 March	Polo	Rachel Drew	Will Body	Rachel Drew
11 March	Skills	Allan Hacking	Wayne Lees	Cynthia Conway
18 March	Slalom	Rachel Drew	Will Body	Rachel Drew
25 March	Open	n/a	Mark Dillon	Cynthia Conway
1 April	Sea/Touring Safety	Allan Hacking	Mark Buttle	John Kington
8 April	Skills	Allan Hacking	Mark Loftus	Brian Woodhouse
15 April	Open	n/a	Tony Morgan	Terry Maddock
22 April	Good Friday, no session	Easter Bunny		

Please note prices for pool sessions: Rolling Course £20 plus club membership. Freestyle £5. All other sessions £4. Please book in advance for the Paddle Skills Sessions and Rolling Course by phoning the named contact.

Ribble CC Library

To borrow a book or video, contact Cynthia Conway or see her at the Hand & Dagger. Donations of books or videos are always welcome.

Technique:

BCU Handbook
The Practical Guide to Kayaking
Canoeing & Kayaking
William Nealy's "Kayak"
Bombproof Roll and Beyond!
Eskimo Rolling for Survival
White Water Safety & Rescue
Weir Wisdom Rapids
Canoe & Kayak Games
The Playboater's Handbook
Complete Book of Sea Kayaking
Sea Kayak Navigation
Path of the Paddle
Canoeing
Open Canoe Technique
Rowing it Alone
The Handbook of Survival at Sea
BCU Coaching Handbook
Sea Safety: The Complete Guide
White Water Kayaking
The Art of Freestyle

Guidebooks:

English White Water
Scottish White Water
White Water Lake District
An Atlas of the English Lakes
Canal Companion: Cheshire Ring
Anglesey Sea Paddling
Welsh Sea Kayaking
Touring 100 Paddles in England
Scottish Sea Kayak Trail

General:

The Rough Guide to Weather
The Liquid Locomotive
Many Rivers to Run
Norwegian rivers
Canoe Focus
Working out of Doors with Young People

Expeditions:

Travels with a Kayak
Whit Descher
On Celtic Tides
Chris Duff
Blazing Paddles
Brian Wilson
Dancing with Waves
Brian Wilson
Paddling to Jerusalem
David Aaronovitch
The Last River
Todd Balf
Paddle to the Arctic
Don Starkey
Canoeing across Canada
Gary & Joanie McGuffin
The Canoe Boys
Sir Alastair Dunnnett
Odyssey among the Inuit
Jonathan Waterman
Barbed Wire & Babushkas
Paul Grogan

Videos:

Liffey Descent
Deliverance (18)
Extreme Sports Canoeing
A Taste of White Water
Wicked Water 2
Drill Time
Destination Nowhere

Path of the Paddle: Whitewater

DVDs:

Tony Morgan - Grand Canyon
LVM Lunch Video Magazine
Ribble Newsletters (CD)
The Martin Years RCC Newsletters 2002-2009
Without a Paddle (13)
Whitewater Kayaking
The Cockleshell Heroes (U)
Mags Brayfield in Nepal
Tatshenshini/Alsek 2007
Mountain River Movie
By Michael Allender
Jackson Kayak Promo
It's Different Every Time
Halton Rapids
Norman Green
Fort William 2005/06 Trip
My Tartan Adventure (VCD)
Ribble Canoe Club, Scotland 2007
Thistle Float Your Boat
RCC, Scotland 2007 & 2008
Norman Green
Locks and Quays
Featuring Ribble Canoe Club
The Politics Show
Featuring Ribble Canoe Club
Open Canoeing
Reg Blomfield
EJ's Rolling and Bracing
This is the Sea - 1st ever action sea kayak video
Janet Robinson
The Call of the River - 100 years of Whitewater Adventure (USA)
Sea Kayak with Gordon Brown
Instructional Journey along Skye Coast

[illegible]

NOTE: Last minute trips are often arranged on the forum on the website (www.ribblecanoeclub.co.uk), at the Hand & Dagger on Tuesdays or at Fulwood on Friday (RCC pool nights) . If you have any dates for the calendar please contact **Terry Maddock**

Ribble CC development trips are in **bold**

Ribble CC recreational events (assumed risk) are in ***bold italic***.

Other Ribble CC events are in *italic*.

Events in normal type are external events listed for information only.

JANUARY

Friday 21
9pm - 10:30pm Pool Session:
Rolling Pt1
Contact: Gary Fishwick

Saturday 22
10am Beginners Trip – Coniston
Contact: Rick Turner

Friday 28
9pm - 10:30pm Pool Session:
Rolling Pt2
Contact: Gary Fishwick

Sunday 30
River Trip – Rigmarden Permit
Contact: Tony Marsh

FEBRUARY

Wednesday 2
Coaching Forum
Contact: Allan Hacking

Friday 4
9pm - 10:30pm Pool Session:
Rolling Pt3
Contact: Gary Fishwick

Sunday, 6 February
Brookbank Demo Day - Halton

Friday 11
9pm - 10:30pm Pool Session: Paddle Skills
Contact: Allan Hacking

Sunday 13
River Trip – Ingleton Greta
Contact: Rick Patterson

Tuesday 15 February
19:30 for 20:00 start.
Annual General Meeting - Hand & Dagger
Includes: Awarding of club Trophies, raffle and food.

Friday 18
9pm - 10:30pm Pool Session: Open
No booking necessary

Saturday 19 February
10:00 Canal Intro trip
Contact: Rick Turner

Sunday 20 February
River Trip – Rigmarden Permit
Contact: Tony Marsh

Friday 25
9pm - 10:30pm Pool Session: Open
No booking necessary

MARCH

Wednesday 2
Committee meeting

APRIL

Wednesday 6
Coaching Forum
Contact: Allan Hacking

This data is extracted from the Google calendar on the RCC website. Google Calendar amendments may be made after this one has been printed. Trips may be changed or cancelled at short notice. Always get in touch with the trip organiser the day before to check! If you don't, and you have a wasted trip, don't blame us.