

January/February 2013

## Handstands & Hot Pies

Kath Risely



Paddlers (I think): Mags, Gary, Adam, 3 Pauls, Sam, Rob, Will, Debbie, Norman, Pat, Mark, Albert, Michael, David, Graham, Neil, Matt, Roy & Various friends from Manchester & Bangor Unis.

It's Christmas Eve, it's raining, and I am stood on a riverbank watching someone perform handstands and walk to his boat upside down, whilst the leader of a group of blind and partially sighted people describes what he can see into his handheld Dictaphone. You can tell from his voice that it's not what he had expected to encounter on their walk. We know it's just another Ribble trip. Still, it makes a change to see someone upside down on dry land instead of on the river!

This was the  $2^{nd}$  Traditional Christmas Eve Ribble Rothay trip – a tradition started last year by Binky - and this year's was no less well attended. We even had a group from Manchester and Bangor Unis with us. I was self-appointed bank support, photographer and Jacobs Join picnic shuttle bunny, and so many bags of food appeared at Grasmere that every cupboard, shelf, nook and cranny in our campervan was literally stuffed with goodies. We'll probably find some furry coated festive goodies in months to come. (We have just come across Albert's wetsuit which he lost in the summer – it's amazing that things can be so elusive in such a small space.) Being a Traditional Ribble trip everyone faffed about for the Traditional amount of time, David wowed us all with his acrobatics, and after a comprehensive safety briefing from Roy Booth, they were off.



My plan was to drive to the lunch spot, put the oven on to warm up Pat's mini steak & mash pies, then walk up the bank to try and take some photographs of rapids being tackled by brave and intrepid paddlers. First part of the plan – successful. I parked up at White Moss Common and turned the oven on. First problem was trying to fit all the pies in. It's not a very large oven, and there was rather a large amount of pies. After lots of faffing of my own, a bit of swearing, dropping one on the floor (mashed potato cleaned up by willing puppy); I set off on my walk. Second problem – whilst the rest of the UK seemed to be under water after the recent weeks of rain, the Rothay was looking friendly and benign - no massive water, huge waves or drops, but plenty of rocks and some stylish paddling. I took some piccies and headed back to the van to start carrying food down to the allocated picnic bench.



This seemed to take a while and even yet more food appeared from the depths of Binky's barrel. We had such a wonderful array of crusty bread, crackers, cheeses, salami and olives that with a stretch of the imagination, and ignoring the rain, we could almost have been paddling one of those warm Southern French Rivers which I love. The steak pies and mulled wine warmed us up a treat, and if the antlers and Christmas hats hadn't got us in the festive spirit then the mince pies homemade snowmen biscuits and certainly did.

Passing walkers looked enviously on at our feast and wished us 'Merry Christmas' as they sloshed through the puddles.



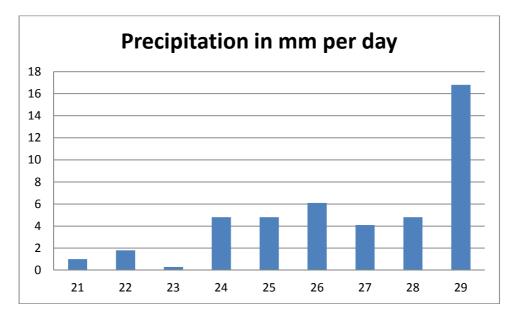
It was soon time to head back on to the river whilst Pat and I cleared away the soggy remains of the picnic and drove down to Waterhead. We hadn't been there very long when the first paddlers started arriving, some tired and cold, everyone very wet, but all agreeing that a day on the river is better than peeling sprouts!

### See you next year Kath Risely

### It rains, the rivers go up, it stops they go down. Paul Binks

I think I am fairly confident that this can safely be considered as a 'limited interest' article and perhaps should be restricted to those greying at the temples with time on their hands; If this isn't you then don't read on.

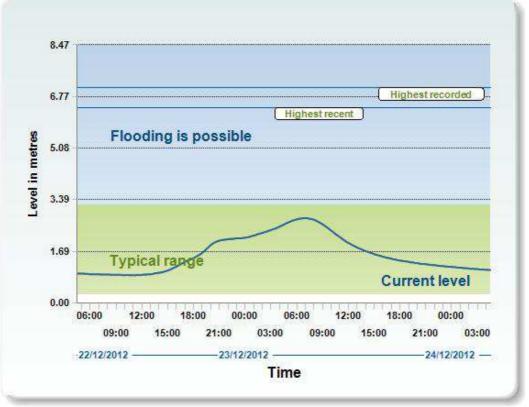
On Friday 21<sup>st</sup> Dec I started getting a little bit obsessed with the rain and water levels. I was hoping to go to Halton on Saturday 22<sup>nd</sup> and then to the Rothay on Monday 24<sup>th</sup>. The problem was, was that the Lune measured on the Caton gauge was very high and well above the 1.3m maximum considered safe for paddlers with my abilities. Also the Rothay was renowned for being a dry run and I was really hoping we'd be able to do the Christmas Eve paddle on it, but we needed water. So, much to the annoyance of my extended family, I started being glued to the weather forecast and the Environment Agency website covering the water levels on various rivers. River level data can be found at: <a href="http://www.environmentagency.gov.uk/homeandleisure/floods/riverlevels/120499.aspx">http://www.environmentagency.gov.uk/homeandleisure/floods/riverlevels/120499.aspx</a> River level data is easy to come by but I struggled at the time to get rain data, however I did manage to find precipitation data for a Met office site at Sandside. The graph is below;



Using the following link you access the actual data, where you will see that for most of the rainy days the rain fell in only a few hours:

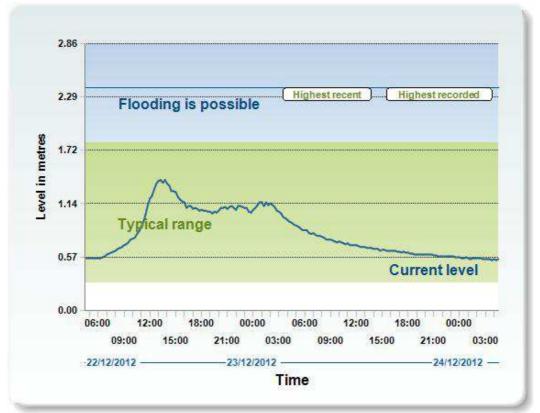
### http://www.wunderground.com/weatherstation/WXDailyHistory.asp?ID=ILANCASH4

What I found really interesting was how some of the rivers we run responded to the rain we have had, and how different their profiles were. Take the Lune at Caton; it rose about 1.9m from Saturday lunchtime until Sunday at 9AM then slowly dropped off again, both sides of the curve being quite smooth. If you think about the Lune at that point it is some distance from its source and water flowing through it will be a combination of water that has taken its time to get there from a lot higher up through to water recently entered the river from runoff and streams etc. This means the river will generally rise and fall slowly. Also it didn't rain much on the 23<sup>rd</sup> (at least at Sandside) so what you are seeing is the effect of rain on 22<sup>nd</sup>. Unfortunately I didn't download the levels for the Lune at Killington, higher up the river, for this period as it would have been interesting to see how these two profiles match. However we'll come to that later, if you are still awake.



Above is the Lune measured at Caton

I also had the graph for the same period for the Irwell measured at Ramsbottom weir:



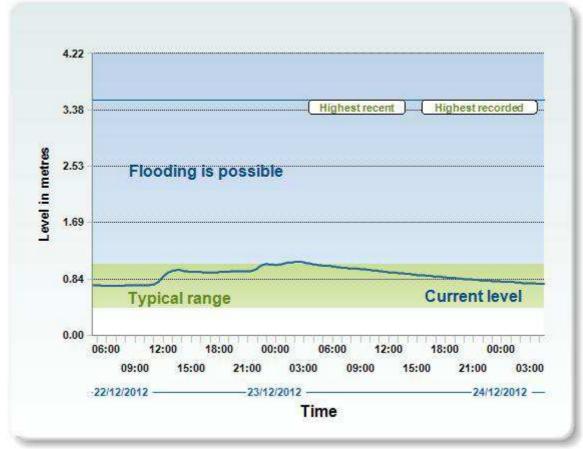
Above is the Irwell measured at Ramsbottom

I know they are a long way apart but I suspect they would have had similar rain.

If you look back at the graphs you will see just look how quickly the levels rise and fall and how jagged the profile is. I suspect this is because at that point we are quite near the source, and the river essentially acts like a drain, so responds to the rain quite sensitively.

Now take the Rothay, which is what I was concerned about for Monday's paddle (Christmas Eve).

The Rothay starts beyond Grasmere village and flows into Windermere.

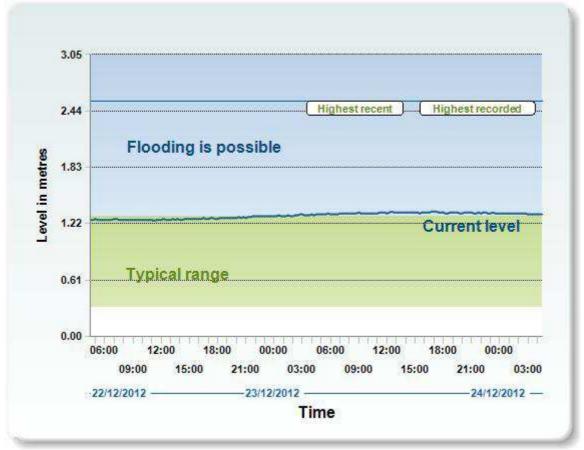


Above is the Rothay measured at Miller Bridge House (just above the Rothay Weir.

Yes the water levels rose, and quite quickly at that, but then there was a general tail off over 24hrs.

The Rothay flows from Grasmere but the lake itself isn't very deep and will not hold much water and the source of the river is only a few miles away.

This contrasts markedly with the Leven, which flows out of Windermere



Above is the Leven measured at Newby Bridge

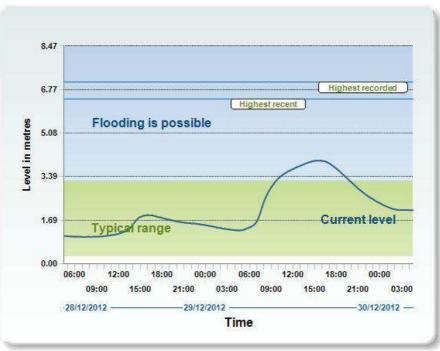
You can see here that there was hardly any change at all. This is because Windermere acts as a buffer regulating how much water enters the Leven.

I'm not going to pretend that an amateur 48hr study of rivers allows me, or anyone, with confidence to predict water levels but it does draw out a couple of things;

- 1. The Leven is a safe bet to hold its level, the Rothay needs rain the night before, the Lune at Halton will go up and down but probably quite slowly or at least you'll have time to notice if you are paying attention (unless there is a deluge- see below),
- 2. The Irwell at Burrs could rise to a dangerous level in the time it takes to get a group of novices from the weir to the get out if you are coaching them.

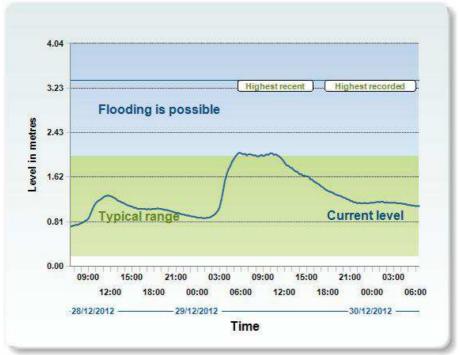
Now, firstly thank you for getting to this point in the article, I suspect you are in the minority and also suspect you've remembered all the jobs that need doing round the house that you'd been putting off. If you can bear it just allow me one more indulgence. I also looked at the profiles for the 48hrs around the 29<sup>th</sup>, most of which I will spare you with, except for the Lune at Caton and at Killington, below.

It rained hard on the evening of  $28^{\text{th}}$ , morning of  $29^{\text{th}}$ , you can see from my precipitation graph the rainfall for  $29^{\text{th}}$  was about four times that of any other typical rainy day – a deluge. The levels rose a lot more dramatically than in the profiles above, and to dangerous levels very quickly.



The River Lune at Caton

A word of warning therefore, you really cannot predict how high the rivers will rise, just that they will rise. Below is a plot of the Lune at Killington, which is around 20 miles further upstream than Caton.



The River Lune at Killington

You can see that Caton essentially lags behind Killington by two hours and has a smoother profile. What we take from this is that Killington responds to the rain quicker and is more variable but that the water at Killington takes about two hours to get to Caton.

Thanks for reading this article, both of you. Rest assured that you and the editor can sleep well knowing that there is at least someone in the club more anal than you are.

### Paul Binks

## RIVER SIGNALS (R)

### Tony Morgan

Ribble Canoe Club has always had a long history of introducing people paddling, with a strong emphasis on moving water. This has only been possible because more experienced paddlers have put their time and experience into organising and supervising events. There are many ways to build up the experience to safely guide and coach a group in an environment that can often contain many hazards. Usually it's a combination of formal training, personal skills, previous experience and a bit of theory from books and videos.

However no matter what the skill or experience of the trip leader one of the most important things is that the people attending such trips have an understanding of the environment and their responsibility. This personal responsibility takes many forms from wearing suitable, safe, clothing and using serviceable equipment to taking the time to add a bit of theory to your practical experience.

A very important bit of theory that needs to be put into practice early on is that of river signals. This article is an attempt to introduce a few regularly used/needed examples into your days paddling. The object of a signal is to provide as much useful information as possible in a quick, unambiguous way, when talking is not possible. A good signal system should be simple, allow two way 'conversation' and have a built in safety mechanism.

The signals presented below are suggestions, whatever signals are used, always check before needing them that everyone is reading from the same page. Whatever signals are used it is generally agreed that if you don't see or recognise a signal then stay put. Ideally signals are carried out using only the hands, any variation to this is given. Obviously when using hand signals you will need to let go of the paddle, ONLY REPLY IF SAFE TO DO SO, IF NOT <u>GET</u> CHANGE POSITION UNTIL YOU ARE.

<u>NO SHOW/NOT SURE then NO GO</u>, this is the safety mechanism mentioned above, if you don't see a signal or get a response from those you are signalling then stay put, or if possible approach by foot to clarify the situation.

### STOP!

<u>Common examples:</u> tree blocking river, dangerous weir, or route requiring inspection. Following its use a further signals will need to be displayed to explain the next action.

Description: 1 arm raised, palm forward.



### GO THIS WAY THIS WAY (LEFT/RIGHT/CENTRAL)

<u>Common example</u>: indicating a safe route down a rapid that is within the group's ability.

Description: arm and pointing finger, left/right or centre, statically, indicating the direction required.

Never point at a hazard the signal always indicates the safest route.





### GO THIS WAY QUICKLY or EXTREMELY

<u>Common example:</u> indicating that the safe route requires a 'quick' move in the indicated direction, or a need to be 'extremely' left or right, i.e. to pass through a narrow gap. This emphasis of the direction signal is only really relevant to leftward and rightward signals.

<u>Description:</u> arm and pointing finger, left/right or centre, indicating the direction required. Emphasise urgency by repeating the gesture with more vigorously. Use a pointing finger to emphasise that accuracy is required.





### ARE YOU OK?/OK/ACKNOWLEDGE OR CONFIRM RECEIVING A SIGNAL

<u>Common example:</u> checking a paddler is 'OK' following a swim, or if they are 'off' route. Part of the same signal is used to answer receipt of a signal, confirming. This signal is an ideal confirmation signal following any specific request such as 'get out and walk', 'come to me', it assures the signaller that the message has been received.

<u>Description:</u> identify individual by pointing and ask if 'OK' with a raised thumb. Answer by pointing at self, followed by 'OK' with a raised thumb (see following '<u>IDENTIFY AN</u> <u>INDIVIDUAL</u>'), or 'NOT OK' by thumb down.



### **IDENTIFY AN INDIVIDUAL**

<u>Common example</u>: you need to select an individual from a group or be sure that an individual is receiving the signal.

<u>Description:</u> make eye contact and point with a finger at the individual. If you think you are the recipient, point at self to return the question 'DO YOU MEAN ME?' Signaller can confirm with thumb up/yes or down/no.





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### COME TO ME ONE AT A TIME

<u>Common example</u>: to safeguard paddlers, one at a time as they paddle a challenging route.

<u>Description</u>: get the individuals attention (see previous '<u>IDENTIFY AN INDIVIDUAL</u>') and pat an open palm on top of helmet twice. Reply if safe to do so by pointing at self, and repeating signal, two pats on helmet.



### THE WHOLE GROUP COME TO ME/RUN THE RAPID

<u>Common example</u>: route is obvious and within the group ability to route find from the boat.

<u>Description:</u> get the groups attention and raise a clenched fist or vertical paddle above the head height and rapidly lower and lift several times.



<u>Common example:</u> the route is too complicated to explain with signals alone or the route contains a hazard such as dangerous weir that needs portaging.

<u>Description:</u> Use appropriate signals to stop the group or individual in a safe place then follow this with first two fingers pointing down doing a 'walking' action. Answer by returning signal or getting out.







### YOU NEED TO LOOK

Common example: the route or hazard is too complicated to explain with signals alone.

<u>Description:</u> Use appropriate signals to stop the group or individual in a safe place then follow this by pointing up at the eyes with first and second fingers in a 'V' sign.





### WHISTLE

The whistle can be used to get attention if all other methods are failing, use 3 blasts followed by a 5 second pause. Repeat until successful.

### LINE OF SIGHT

At all times you should aim to have a line of sight between the front and rear of the group. Line of sight also refers to a clear view through a rapid to the next safe stopping point, from where another line of sight can be taken.

# AGM 2012

### Agenda

Notice is hereby given that the Ribble Canoe Club AGM for the year ending 31<sup>st</sup> December 2012 will be held at Fulwood & Broughton Cricket Club on Thursday 28<sup>th</sup> February 7:30 for 8:00pm start for the following purposes:

- 1. To receive the Hon. Secretary's report for the year ended 31<sup>st</sup> Dec 2012.
- 2. To receive the Hon. Treasurer's report and Statement of Accounts for the year ended 31<sup>st</sup> Dec 2012.
- 3. To receive the Competition Secretary's report for the year ended 31<sup>st</sup> Dec 2012
- 4. To receive the Hon. Chairman's report for the year ended 31<sup>st</sup> Dec 2012.
- 5. To elect Officers and Members to the General Committee.
- 6. To appoint auditors.
- 7. To discuss any other business.
- 8. To present the Club Trophies

By order of the Committee. *Paul Binks, Secretary* 

### **Proposals**

Under Item 5 the current General Committee members are:								
Chairman	Terry Maddock							
Secretary	Paul Binks (General) *							
	Brian Woodhouse *							
Treasurer	John Kington <sup>*</sup>							
Competition Secretary	Mark Shaw							
Quartermaster	Graham Kingaby $^*$							
Child Welfare Officer	Suzanne Thomas <sup>+</sup>							
Youth Representative	Vacant							
Membership Secretary	Pat Green <sup>+</sup>							
General Committee	Rachel Body <sup>&gt;</sup>							
	John Hooper							
	Will Body							
	Allan Hacking							
	Gareth Jones <sup>+</sup>							

Those marked \* are due to retire by rotation (every 2 years) and being eligible offer themselves for re-election. Those marked + have been co-opted onto the committee during the year and now stand for election by the general meeting. Those marked > are standing down.

The following Committee Member is standing down at this AGM:

Rachel Body

The following Committee Members resigned during the year:

Katie Fishwick Gary Fishwick Nina Sparks

The following committee member standing for re-election:

Paul Binks Brian Woodhouse Graham Kingaby John Kington

The following committee members have been co-opted on to the committee and are standing for election:

Suzanne Thomas Pat Green Gareth Jones

The following officers standing for re-election:

Treasurer:John KingtonQuartermaster:Graham Kingaby

The following officers standing for election:

Secretary:Gareth JonesMembership Secretary:Pat GreenChild Welfare Officer :Suzanne Thomas

## 2013 Membership Fees

There are no proposals to amend fees for 2013.

At the beginning of February Adult & Junior members will be receiving their renewal forms.

Please print off the form make any necessary amendments (including adding any family members) sign it and either:

send it with your cheque to the address at the bottom of the form pay at the AGM by cheque (no cash taken at AGM) pay at the H&D on a Tuesday evening cash or cheque

**Please Note:** 2013 Membership Fees should be paid no later than 30th April. If you joined the club after 1<sup>st</sup> October 2012 the fee you paid includes your 2013 fees.

## **Editors Bit**

I write my Editors bit this time whilst under house arrest for not tiling the new kitchen on time. But hey ho who cares it is snowing outside and barely above zero degrees Celsius. Added to that I am quaffing cups of "Max Strength Cold & Flu Relief Sachets" (my current recreational drug of choice).

Having set the scene here we go, thanks as always to the contributors of articles for this edition. It is not often we get so desperate that we have to run repeats, as with the article on "River Signals." But it is a very important topic and let's face it Terry did look good in the photographs. Well he certainly looked younger anyway.

Thanks again to Tony Morgan who did the original version of the River Signals article. (perhaps we should show a classification bracket with future articles with the letter "R" in it to show it is a repeat just like they do in the TV programme guides)

I am hoping that you article writers are not suffering from writers block, if you are maybe you ought to talk to Paul Binks, he can always come up with something in his relentless pursuit of the "Shakespeare Prize."

What our articles lack in number they compensate for in variety. The article by Kath Riseley is like a "breath of fresh air" whilst the one by Paul is like a "whiff of gas and air."

**Dates and Deadlines** The next committee meeting will be on Wednesday 6<sup>th</sup> March at 7:00pm at the Hand & Dagger. The next newsletter will be published on 20<sup>th</sup> March. We would appreciate all submissions by Wednesday 13<sup>th</sup>. Please send submissions to <u>newsletter@ribblecanoeclub.co.uk</u>

Norman Green newsletter@ribblecanoeclub.co.uk

### Chairman's Chat

If you weren't at the ceilidh on 12th Jan you missed a right good do. There were over 50 there and a lot of fiddlin' 'n dancin' went on. There was hot pot, fruit pie and cream too. Life just doesn't get much better than that – except for those who paddled during the day at the Leven and the following day at Halton or on the sea at Fleetwood. You CAN have your cake and eat it as well. As the cold weather returns many are wishing they could have their kayak and heat it as well. Sorry, I'll get me' coat.

The next non-paddling BIG EVENT in the Club is the Annual General Meeting to be held on Thursday 28th February 2013 at Fulwood & Broughton Cricket Club at 7.30pm for a prompt start of the formal bit at 8.00pm. A major part of the formal bit involves voting in new Committee Members, those who were co-opted during the year and those who are up for re-election having served for two years. Following a few resignations throughout the year, we're on the look-out for more Committee Members – so step forward if want to represent members' views at Committee Meetings and help to keep the Club on the straight and narrow.

We're meeting at the Cricket Club down the ginnel at the traffic lights at the A6 Garstang Road / Lightfoot Lane junction. We've chosen this venue as it will allow more Members to attend than we could fit in at the Hand & Dagger. So please come along and make our choice a sensible one. And, of course you get a highly subsidised hot pot and pudding for £3. The formal bit doesn't last long (usually about twenty minutes tops) and then we present the awards for the year, maybe have a raffle and then it's hot pot & pudding time (about 9.00pm). This is a SOCIAL EVENT as much as anything else, so new members can get a lot out of it by meeting and talking and seeing how the Club operates with a modicum of success despite every endeavour of the Committee. Remember, if you're not there on the night, you won't be allowed to criticise the Club or Committee for the whole of the following year.

It was good to see so much paddling activity on our Forum over the Christmas and New Year period when things can go a bit quiet. I was away over Christmas, so I'm looking forward to reading reports here of the trips that ran.

The last Committee Meeting was a bit hectic. Items for the AGM were a main concern, particularly choosing the winners for our awards. Nominations were received from 13 club members, which is more than usual but still leaves the Committee a big job to do. We've had so many keen new members developing their skills and abilities over the past couple of years that each award had many nominations with very little to justify an outright winner.

Similarly with those awards given in recognition of hard work done by both Club and Committee members to keep the Club running at the high standards we've got used to. I'm certain that the hard choices made by the Committee will result in equal amounts of praise and brickbats. 'Twas ever thus!

See you at the AGM, if not before. Mmmmm. Hot pot & pudding, yum yum.

Terry Maddock 077 333 86704 Chairman@ribblecanoeclub.co.uk

### **Pool Sessions**

The following lists the pool sessions booked at Fulwood Leisure Centre, the contact for the courses and the Supervisor and Committee member on duty.

Date	Session	Contact	Supervisor	Committee				
25 Jan	Open		Rick Turner	Suzanne Thomas				
1 Feb	Rolling	Allan Hacking	Gary Fishwick	Graham Kingaby				
8 Feb	Rolling	Allan Hacking	Tony Morgan	Allan Hacking				
15 Feb	Rolling	Allan Hacking	Matt Aspden	John Hooper				
22 Feb	Open		David Nelson	Graham Kingaby				
1 Mar	Slalom	Mark Shaw	Albert Risely	Suzanne Thomas				
8 Mar	Paddle skills	Allan Hacking	TBD	TBD				
15 Mar	Open		TBD	TBD				
22 Mar	Sea Safety	Allan Hacking	TBD	TBD				
29	No session							

### **Pool Session Protocol**

Open sessions are open access, with no need to book. Please book in advance for ALL other sessions by phoning the named contact or via the forum.

If using club equipment it is up to the individual to collect it from the pool store before 9.00pm, after which time the store will be locked. A club member will be on hand to assist. (best to arrive @ 8.45)

If using your own equipment please ensure it is clean before entering the pool area.

If you use a boat at a pool session it is your responsibility to return it to where it came from (your car or the pool store) IMMEDIATELY at the end of the session and BEFORE getting showered and changed.

The pool sessions run from 21.15 to 22.15. We are not to enter the pool area before 21.05 - this to avoid risk of injury to swimming club members who have to clear the pool area by 21.05.

### **Prices for pool sessions:**

Rolling Course £20 plus club membership. Freestyle £5. All other sessions £4

# **Ribble CC Library**

Books and DVDs are free for all club members to borrow. See Albert or Kath Risely at the H&D Tuesday Evenings or contact them using the details on the following page. Donations of books or DVD's are always welcome.

### General

BCU Handbook (2 copies) The Practical Guide to Kayaking Canoeing & Kayaking BCU Coaching Handbook The Rough Guide to Weather Canoe & Kayak Games Working out of Doors with Young People More Than Activities

DVD - BCU 'Go Paddling' 2012

#### **Touring & Sea Kayaking**

An Atlas of the English Lakes Canal Companion: Cheshire Ring Touring 100 Paddles in England Welsh Sea Kayaking Guidebook Northern England & IOM Sea Kayaking Scottish Sea Kayak Trail Scottish Canoe Touring Great Glen Canoe Trail Anglesey Info Pack Scottish Sea Kayaking Guidebook - **NEW** The Outer Hebrides Sea Kayaking Guidebook - **NEW** Sea Kayak Navigation Complete Book of Sea Kayaking Sea Kayaker Deep Trouble

DVD - Gt Glen Canoe Trail & Safety Info NEW DVD - Sea Kayak Rescues - NEW DVD - Sea Kayak with Gordon Brown -Instructional Journey along Skye Coast DVD - This is the Sea 1 DVD - This is the Sea 2 - NEW DVD - This is the Sea 3 - NEW DVD - This is the Sea 4 DVD - Performance Sea Kayaking-Skills, rolling & rescue techniques DVD - BCU 3 & 4 Star Leaders Sea Kayaking

### **Canoeing/Open Boating**

Open Canoe Technique Path of the Paddle Canoeing Safety & Rescue Canoeing

DVD - This is Canoeing - **NEW** (ww & wilderness) DVD - Open Canoeing -Reg Blomfield (amazing moves!) (2 copies)

#### White-water

English White Water Scottish White Water White Water Lake District White Water Kayaking White Water Safety & Rescue (2 copies) Weir Wisdom Many Rivers to Run The Playboater's Handbook 2

DVD - Moving on to Moving Water DVD - EJ's Advanced River Running DVD - The Call of the River -100 years of WW Adventure DVD - White-water Kayaking

#### Rolling

Bombproof Roll and Beyond! Eskimo Rolling for Survival

DVD - This is the Roll - **NEW** DVD - EJ's Rolling and Bracing

### **Club or Club Members Trips**

DVD - Mags Brayfield in Nepal DVD - It's Different Every Time - Halton Rapids DVD - Fort William 2005/06 Easter Trip DVD - RCC Scotland trip 2007 & 2008 DVD - Tay Descent 2011

#### **Expeditions/Adventure/Action**

On Celtic Tides Blazing Paddles Dancing with Waves The Canoe Boys Rapids (a novel) Three Men in a Boat

DVD - Revenge of the Fat Cats (Greenland) DVD - The Cockleshell Heroes (wartime adventure) DVD - Tatshenshini/Alsek 2007 DVD - Mountain River Movie (Canada) DVD - Liffey Descent 1992

RIBBLE CANOE CLUB	Ribble CC Contact List	Committee	<b>General</b> Information	Access	Courses	Instructor	Hand & Dagger Key holder	T.E.A. Trips	Beginners River Trips	Intermediate River Trips	Advanced River Trips	Sea Trips	<b>Open Canoes</b>	Surfing	Beginners' Slalom	Advanced Slalom	Polo	Freestyle	Other
Albert & Kath Risely							Û	©											Library
Allan Hacking		©			٢	٢	©		C	٢		©	©						
Brian Woodhouse		©	©	÷				0	C	©									
Elizabeth Kingaby																			Webmistress
Graham Kingaby		©					©												Quartermaster
John Hooper		©					©												
John Kington		Treasurer								٢				©					Treasurer
Mark Shaw		©													©	٢	©	©	Competition Secretary
Norman & Pat Green		©						0											Newsletter
Pat Green		Membership																	Membership Secretary
Paul Binks		Secretary	©				©		C				©	©	©				Secretary
Rachel Body		©																	
Rose Binks		©																	Young Persons' Representative
Suzanne Thomas		©																	Club Welfare Officer
Terry Maddock		Chairman	©		0	٢	©	0											Chairman
Will Body		0																	

Additional Key Holders: Andy Dowe, Rick Turner, Roy Booth, Tony Morgan, Spare Key (Terry Maddock)

### **Ribble Canoe Club**

# CALENDAR

This Month: January/February2013

Last minute trips organised on the website, at the Hand & Dagger (Tues, 6:30pm onwards) or Fulwood Leisure Centre (Fri, 9:00pm). If you have any dates for the calendar please contact Terry Maddock

Ribble CC development trips are in **bold** 

Ribble CC recreational events (assumed risk) are in *bold italic*. Other Ribble CC events are in *italic*.

Events in normal type are external events listed for information only.

### FEBRUARY

Sat 2 Feb Development trip - Cumbria Contact: Roy Garriock,

Tue 5 Feb New members night - Hand & Dagger

Sun 17 Feb Beginners trip – Location TBD Contact: Will Body

Sun 17 Feb Washburn release

Tue 19 Feb Sea Navigation session - Hand & Dagger Contact: Andy Dowe

Thu 28 Feb Club AGM 19:30 – 22:00 Fulwood & Broughton cricket club, Garstang road, Broughton, Preston, PR3 5JE

### MARCH

Sun 3 Mar Washburn release

Sun 3 Mar Development trip - If all else fails, Washburn

#### **Contact: Allan Hacking**

Tue 5 Mar New members night - Hand & Dagger

Wed 6 Mar Committee meeting - Hand & Dagger

Mon 11 Mar Jim Krawiecki Greenland trip talk

#### Sat 16 Mar Mad, bad, trad skills trip -Waterhead, Ambleside Contact: Tony Marsh

Sun 17 Mar Washburn release

Tue 19 Mar Wildlife photography talk - Hand & Dagger

Sun 31 Mar Washburn release

### APRIL

Fri 19 – Sun 21 Apr Expedition Skills Weekend -Great Tower Scout Campsite Contact: Tony Marsh

Wed 24 Apr 15:00 – 20:15 Washburn release

### MAY

Wed 1 May 19:00 – 21:00 Committee meeting - Hand & Dagger, Treales.

Sat 4 – Sun 12 May Anglesey Sea Kayak Symposium

Sun 5 May Washburn release

NOTE: Trips may be changed or cancelled at short notice. Always get in touch with the trip organiser the day before to check!

If you don't, and you have a wasted trip, don't blame us.