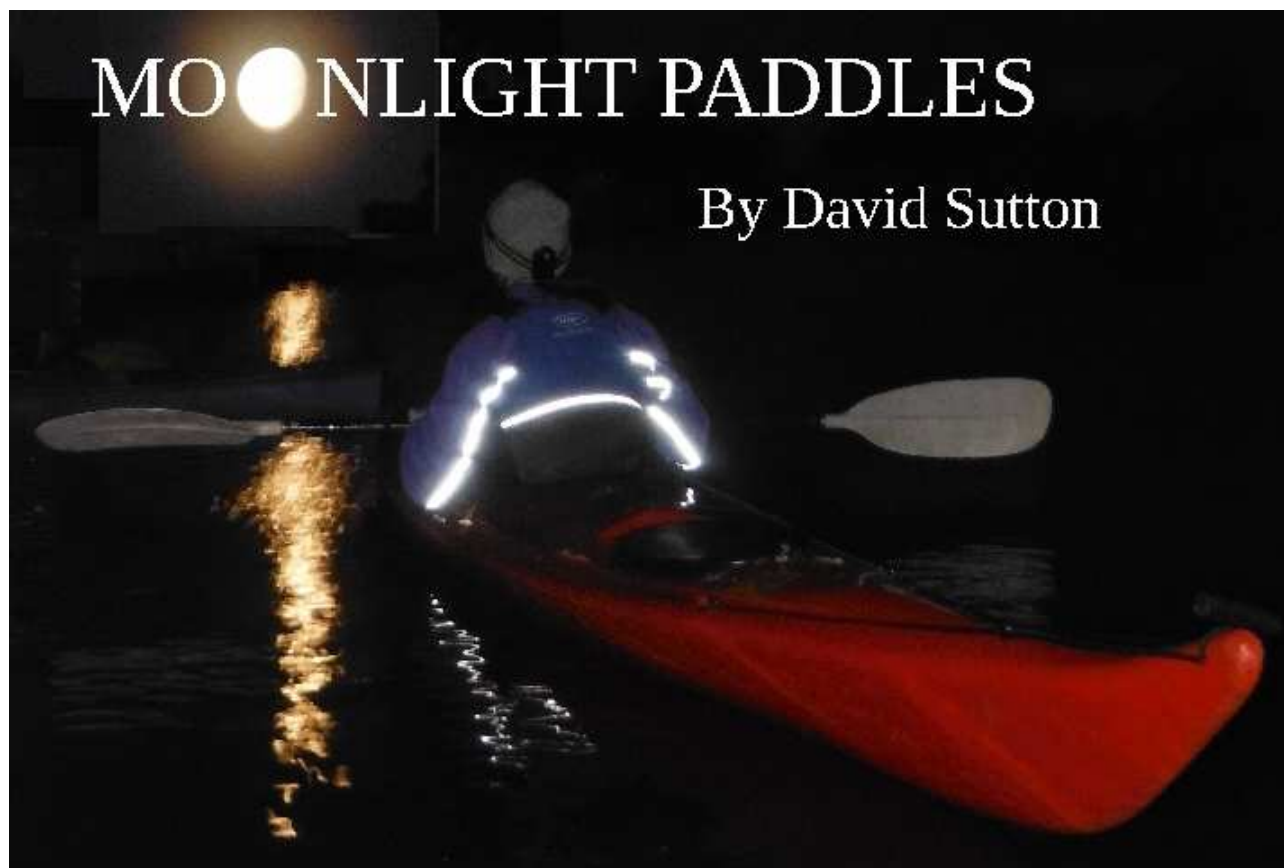


# TALES FROM THE RIVERBANK



*November/December 2014*



## MOONLIGHT PADDLES

By David Sutton

As the warm and lazy Tuesday summer evenings are now just a distant memory, club members are demeaned on these dark evenings to huddle round their drinks in the Hand and Dagger to recall audacious stories of adventure in a vain attempt to take minds of the wet and cold outside. Against this background I would like to bring a little ray of sunshine, well at least moonlight, upon our plight.

Having consulted the runes the moon will be in our favour for a paddle, on the Tuesday evenings of

December 2<sup>nd</sup> and 30<sup>th</sup>  
January 6<sup>th</sup>  
February 3<sup>rd</sup> (FULL MOON)  
March 3<sup>rd</sup> and 31<sup>st</sup>

So for those brave hearts with stout souls, meet at the container for 6.45 ish to get on the water for 7.00 ish. That is of course unless it gets cancelled due to the faint possibility of cloud and inclement weather.

## ***Updating EA River Level Gauges***

***Norman Green***

Like many other club members I have become someone who regularly watches river levels prior to setting off to paddle a river. These Environment Agency (EA) gauges have become something we have started to take for granted, and if a gauge has not been updated when we are watching the levels at weekend, we get a bit frustrated. For example the gauge at Caton on the Lune gives a good idea of what the level it is likely to be at Halton Rapids; unfortunately it often gets updated at 6:30 am but not again until 3:00 pm. The result can then be that we are unable to work out if the river level is suitable for paddling at say 10:00 am. This is particularly important if it has been raining because the river can rise quite dramatically.

I recently met a man who worked for the Environment Agency, so I took the opportunity to ask him about their river gauges. With the aforementioned information in mind I asked how and when they were updated and how the timings were decided. He passed the question on to one of his colleagues who recently replied with the answer. This is written below.

*“We monitor river levels across the UK in near real time to help us with our work. Data is recorded at 15 minute intervals, stored onsite and sent back to our offices once a day, usually in the morning. River and sea level information on our website is then updated automatically. On some occasions, especially during flooding, when data is retrieved more frequently, the website will be updated more than once per day.*

*Please note that if you are unable to see the latest data your computer may need refreshing. You can check by clicking the refresh icon on your Internet browser or pressing ctrl and F5 on your keyboard. This should then bring up the current version of the website page.*

*We understand that many users would like the river level information on the website to be updated more frequently. The website is updated as soon as the data is sent from the site. There is a cost to retrieving the data from site and this is one reason why we normally only collect the data once or twice a day. Also, as many of our sites are in remote places and are powered by batteries we need to be careful how often we retrieve the data to maximise battery life and to ensure that our equipment is available to meet operational needs. Currently we have no plans to increase the frequency at which data is collected, although we have logged the issue and will consider it when we review what changes to make to the service in the future.”*

To be fair to the EA, when they installed the gauges it was to warn households and businesses if flooding was likely. When I mentioned that they were an absolute godsend to river paddlers they were a bit surprised but quite pleased that the gauges had benefits that they had not thought about. So the last sentence indicates that we should not expect imminent changes but at least the EA now know that their use is greater and more widespread than they originally expected.

***Norman Green***

## ***Tyne Tour: Tyne Descent Race 1<sup>st</sup> Nov 2014***

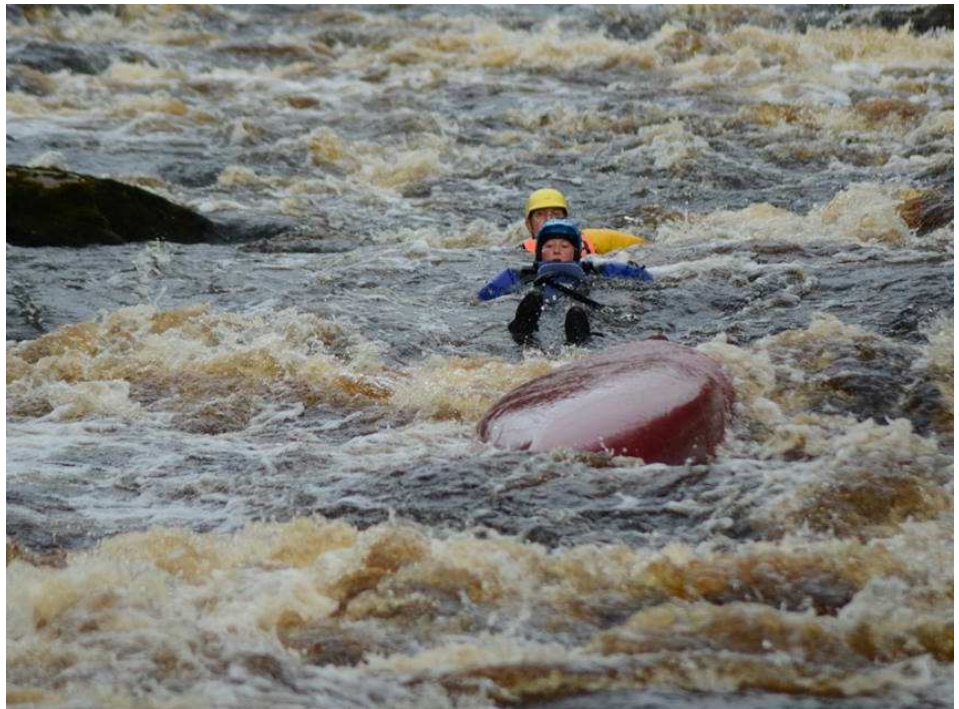
***Paul Binks***

Ribble offered its largest contingent yet to the Tyne Descent Race, organised by Hexham CC as part of the Tyne Tour, with six boats taking part. Veterans Will Body (Solo Canoe), Paul Binks and Dave Cardwell (Tandem Canoe) were joined by new comers Amanda Spavin and Matt Aspden (Tandem Canoe), Chris Jackson (Solo Canoe) as well as Tom and Keith Beer (General Purpose Kayak).



It can be safe to say Ribble dominated the canoe field, unfortunately the wrong end of it. With the first places in solo and tandem canoe going to none Ribble entrants; in fact the only other open boats to enter the race won it.

Amanda and Matt closely chased the winning pair in the tandem class for five miles of the six mile course but were outdone by the infamous Warden's Gorge and a dramatic swamping, despite tactical positioning of the helmswoman to the centre of the boat on entry to the gorge.



Will and Chris were taking a more relaxed attitude to racing but they were still a head of Paul and Dave for most of the race as a result of this seasoned tandem pair parting company with their boat and paddles on the first rapid, the exact same spot they hit and came out on last year. Then 200m further downstream they thought they'd do it again just in case observers missed it the first time.

Many thanks to Keith who lost valuable race time in helping to ensure boat, paddlers and paddles were reunited. Thanks also to the unknown paddlers from other clubs who just happened to be in the right place at the right time to help the hapless pair. On a rerun of last year, undaunted by the slight delay Paul and Dave powered on to pass the other Ribble paddlers. Rather than moving the helmsman, Paul had bagged out the centre of his boat with every airbag he owned and more; the volume of air preventing full emersion as they passed through the gorge and allowed for a quick evacuation of water and return for the long last mile paddle and second place in the tandem class. Second place in solo went to Chris who seemed to get stuck on a rock in the middle of the gorge and had to get out mid torrent to release his boat. Third places being awarded to Amanda and Matt and Will.



*Tom paddling through Warden Gorge*

Hats off to Tom and Keith the only entrants in the General Purpose Kayak category, with Tom being the youngest person ever to enter the race. With intense family rivalry both gave it their all for the long six miles but youth prevailed and Tom claimed first prize.

***Paul Binks***

## ***WE'RE GOING ON A BORE HUNT***

### ***River Kent Estuary, Arnside***

***Suzanne Thomas***

Starring: Alan (Captain) Blackburn, Mags Brayfield, Adam (Burger Boy) Fielder, Gareth and Sarah Jones, John Roberts, Paula Sharples, Suzanne Thomas and Stuart Williams.

Following in the paddle strokes of the intrepid paddler Peter Hatt, it was decreed that on 11 Oct 2014 a party of intrepid explorers should don specialist rubber gear and go in search of the shy, elusive (some might say non-existent) Arnside Bore. At worst, a rare breed; snapping and snarling, a foaming mass of white spume as it makes its way along the estuary, at best; a quiet, timid creature, slipping shyly along so as to hide its notoriety. Peter Roscoe has told me about this beast many times over the years and so it came to pass that on that fine Autumnal day myself and the other explorers gathered alongside the area of water where it was last spotted.



*The Cast*

We're going on a Bore Hunt!  
We're going on a Bore hunt,  
What a beautiful day, we're not scared?  
Oh no....

Is this it ?



Nope...

We're going on a Bore hunt,  
We're gonna catch a big one,  
What a beautiful day, we're not scared ?  
Ohhhhh nooooo!  
Mud.  
Thick, dark, slippery, slimy mud.  
We can't go over it

We can't go under it,  
We've got to go through it !  
Squelch, squelch, squelch, squelch  
Oh no, I've lost my shoe !



We're going on a Bore hunt,  
We're gonna catch a big one,  
What a beautiful day, we're not scared ?  
Oh no ....  
A river,  
A deep, cold river.  
We can't go under it,  
We can't go through it,  
We've gotta get onto it!  
Paddle, paddle, paddle, paddle.



We're going on a bore hunt,  
We're gonna catch a big one,  
What a beautiful day, we're not scared ?  
Oh oh!  
A bridge  
A long, railway bridge  
We can't go over it,  
We can't go through it,  
We've gotta go under it!

Weeee, \*\*\*\*\*, phew! All safely through.



OH NO, is that it?  
Quick!

Through the bridge, weeee \*\*\*\*, weeee \*\*\*\*,  
Onto the river, paddle, paddle, paddle, paddle,  
Through the mud, squelch, squelch, squelch, squelch,  
Run to the car, puff pant, puff pant,  
Oh, oh forgot my boat!  
Run back for my boat,  
Jump into the car to find what we're looking for ...

The ARNSIDE BORE – is this it ?



NO !!!!

So, after losing a shoe, getting stuck in the mud, whizzing along at silly knots per hour doing nothing much, dodging bridge arches and having a laugh, we didn't spot the shy, elusive Arnside Bore. Oh well, there will be another day for a Bore Hunt !

#### Acknowledgments

Kayaking info available from 'Northern England & IOM' 50 Sea Kayak Voyages by Jim Krawiecki – Pesda Press. Paula Sharples for her photos

'Going on a Bore Hunt' is based on the action song 'Going on a Bear Hunt' by Michael Rosen.

*No Bores of any description were harmed in the making of this production but if anyone happens to find a lonely, muddy, black paddling shoe.... it'll be mine!*

**Suzanne Thomas**

# Winter Club Challenge

It's winter club challenge time! Starts 1st Nov and runs to 28th Feb. For those who are new to this, the categories are most miles paddled and most places visited by club members. It all has to be logged, so people need to keep a record of their trips, and someone has to tally it all up to be officially submitted. There must be at least three paddlers in each group. In 2013 RCC came top on places visited, and fifth on miles paddled. And Peter Roscoe and Debbie Dowe featured in the top 10 for individual miles paddled!

The Tyne Tour weekend was our first opportunity to clock up those miles and places paddled. Together with other trips that weekend RCC members clocked up 356 miles. If you do/have done any paddling between 1<sup>st</sup> November & 28<sup>th</sup> February 2015 will you please record details of: Date Paddled, River Section, & Distance plus the names of the individual paddlers. Then either: post under the forum thread "Winter Club Challenge" which appears in the Competition Section, email me, or see me at the H&D.

**It is only with the support of paddlers that this will work.**

Last Year's Results:

9<sup>th</sup> Debbie Dowe Best Female Miles Paddled

5<sup>th</sup> Ribble CC Most Miles Paddled By a Club

4<sup>th</sup> Peter Roscoe Best Male Miles Paddled

## 1<sup>st</sup> Ribble CC Total Places Paddled

Across is a picture with Gareth Field CE Regional Development Officer presenting the prize to Sarah Jones who accepted it on behalf of Ribble CC.

The prize was a cheque for £250.

After the presentation RCC Members took a vote and decided to donate the money to Motor Neurone Disease Association



We all know RCC is a very active club - let's ensure we are first again in the Total Places Paddled and see if we can improve on our positions in the other categories.

If members decide to donate anything we win then there could be another winner – a deserving charity.

**Pat Green**

# ***EQUIPMENT RECALL***



It's time for the annual stock check, please can you therefore return any equipment you have borrowed from the container or pool on Tuesday 25<sup>th</sup> November or preferably before.

**Everyone please check to make sure all kit is returned**

***Graham Eccles***

## ***Coaches Chatter***

At the last coaching forum we decided we thought we'd let you know what the Coaching Forum's been talking about; so here goes. Congratulations 1 and 2 stars for passing and we hope you want to stay with the club. Please fill in the questionnaires you've been sent to tell us just how good we were and what bits you'd like us to change for future courses.

We really do hope you stay with the club. The next beginner's trip, 15<sup>th</sup> November, will be at Halton and is aimed at giving people their first or perhaps second taste of moving water and it's an excellent venue for it. For more info please see me, or Pat Green, or follow the post on the forum. We've done this as there is a desire from many people to move from canal and lake to start to do rivers. For those that have had a taste of rivers already Allan will be running a similar series of training sessions at Halton in the New Year. If you fancy the sea kayaking element there are always sea-kayakers who take no encouragement to tell you tales to whet your appetite and trips open to those at 2 star standards are advertised on the forum. Chris Jackson has also started moving water development trips for those interested in canoe.

Keep an eye on the forum for trips, development sessions and pool sessions; there are lots of different aspects of paddling to come and try.

If you stand in awe of the coaches and wistfully wish you too could be one, don't be shy and let us know. The formal training will be paid for by the club but there is no need to rush into it, best route is simply to start helping out occasionally on 1 or 2 star courses or the Skills Sessions at the pool.

The biggest change this side of the millennium for the Coaching Forum is that we've decided to go from 6 to 3 meetings per year and have them at key junctions rather than have them every alternate month. The next meeting is scheduled for 4<sup>th</sup> February 2015. If you fancy seeing what it's like then have a word with Roy Booth who chairs them and pop down.

***Paul Binks***

# ***Editors Bit***

Here I go again I read the contents of the Newsletter and then sit down writing my contribution with an empty brain and cold fingers wondering what on earth can I write that hasn't already been mentioned.

I should start with a thank you to all the people who have contributed articles and other items of interest to this edition. It does seem that we have to do less chasing to obtain the information these days. Is that down to Pat's constant haranguing in the past or are you more keen to put pen to paper/fingers to word processors? Whatever the reason, thank you.

We try to achieve a balance of stories of paddling trips and information of interest to us as paddlers. We have a high rate of turnover of members so it can be a bit difficult at times to know what to include. What will be of interest to newer members may be something that older members have read about before. New and original stories are at a premium, as stories of trips on the Tryweryn or Washburn or wherever will have been written before by different people at different times. Whilst we still value them and they form part of Ribble Canoe Clubs archive of activities, we need to try to include "News" as well.

On the subject of News we may well be hearing further information from the Waterways and Access team at British Canoeing about River Access. The issue has been highlighted further by adverse comments on UK Rivers Guidebook following a well-meaning article in Canoe Focus about Halton Development. The incident on the Lune where one of our members had a fish hook impaled in his hand, also focused attention. Whilst many people are critical of the apparent lack of response from British Canoeing, there are good reasons for this and hopefully we may hear something in the near future. In the meantime we can look forward to unopposed paddling from fly fishermen for the next few months at least.

On the subject of British Canoeing, the North West Region will be holding their ACM at Halton again this year following the success last year at the same venue. It will take place at Halton Mill on Sunday 23<sup>rd</sup> November at 13:30. This will be preceded by the opportunity to paddle the river and hot food will be served at 13:00. For fuller details see the following link.

<http://www.canoe-england-northwest.org.uk/region04/index.cfm/regional-news/canoe-england-north-west-region-acm-2014/>

Without wanting to sound like an advert for British Canoeing, this meeting is an opportunity to find out more about the sport and voice your opinion on matters of concern.

**Dates and Deadlines:** The next committee meeting will be on Wednesday 7<sup>th</sup> January at 7:00pm. The next newsletter will be published on 21st January. We would appreciate all submissions by Wednesday 14<sup>th</sup>. Please send submissions to [newsletter@ribblecanoecub.co.uk](mailto:newsletter@ribblecanoecub.co.uk)

***Norman Green***  
[newsletter@ribblecanoecub.co.uk](mailto:newsletter@ribblecanoecub.co.uk)

# ***Chairman's Chat***

## **The water has arrived at last (Well Nearly)**

As we leave the balmy summer months and winter will no doubt break out in the near future, the rivers have begun to fill and the White Water season is upon us (we hope).

The Salty Sea Dogs are still at large with new boats having been purchased and lovely new promotional coats been worn to show the loyalty to certain manufacturers of kayaks.

No doubt these new boats will be tested out in the rigours of ice cold seas and in forceful gales. A trip to Scotland was cancelled because of awful weather. To make up for this a small but perfectly formed group went on a midweek marathon up the canal just to vent their frustration of missing out the glories of the west coast of Scotland.

The 'dark side' are enjoying the open boating both on coaching trips led by Chris Jackson and ably assisted by Graham Kingaby and on river trips which have included a trip on the Spey and on the Tyne Tour.

On the same weekend as the Tyne Tour the English Canoe Symposium was held in the Lake District. I look forward to a report in the next newsletter.

No doubt the Tyne Tour will be mentioned elsewhere in these tomes and all I can say was it was a brilliant and well attended trip.

On the forum the topics have now gone in to winter mode with river trips becoming ever more evident in the postings.

Halton is now open to hassle free paddling and the facilities are second to none. No doubt the 'Greenies' will be occupying the Halton Rapids most weekends throughout the winter.

River trips have taken place on the Lune, Kent, Burrs, Leven, Rigmaden, Tryweryn, Ingleton, Greta and Keswick Greta over the last few weeks, to mention just a few of the trips.

David Sutton still seems to be enjoying his moonlight paddles and paddles the canal on many dark cold winter nights with his band of followers. Well done David

If you are paddling don't forget to log your miles and post them to Pat for the winter challenge. The winter series of talks have started with Craig from Canoe Exped at Garstang giving a very interesting talk on paddling kit. I am sure many of us found this most useful.

Craig most generously gave us a £50 voucher to spend at his shop in Garstang which was raffled at the presentation evening. Helen Dutton this and will no doubt come back with some lovely shiny kit.

The talk for the winter series was held on Tuesday and was a very useful and interesting session on map reading. Thanks to Billy Lo for his efforts very informative and it renewed information I had not looked at for at least 30 years. The session was very well received.

The Presentation Evening was very well attended and received. Congratulations to all who received their awards. These awards are not easy to achieve and show a high level of commitment and effort from both the course participants and the coaches who put in a great amount of time and effort to get the results.

### **THANKS TO ALL THE COACHES AND HELPERS.**

The Presentation Evening awards were presented by Jim Krawiecki who also gave a fascinating slide and film presentation which showed many aspects of his world of paddling. The evening was finished off with a Shepherd's Pie Supper which was 'Top Nosh' and Martin and the Hand and Dagger team have been mentioned in dispatches.

I have just been on the Forum and Trips for the year are already being planned. Let's hope this bodes well for another busy paddling season.

I must once again thank all the members who have helped guide me through my first six months as chairman. Without their help and advice I think I would have 'capsized in the first rapid' instead of 'crossing the eddy line' right way up ish!!

Happy and Safe Paddling

**Matt Aspden**

[Chairman@ribblecanoecub.co.uk](mailto:Chairman@ribblecanoecub.co.uk)

# **AGM 2014**

## **Agenda**

Notice is hereby given that the Ribble Canoe Club AGM for the year ending 31st December 2014

**Date:** Thursday 26th February 2015.

**Time:** 7:30 for 8:00pm start

**Location:** TBA in January Newsletter

1. Secretary's report for the year ended 31st Dec 2014.
2. Treasurer's report and Statement of Accounts for the year ended 31st Dec 2014
3. Competition Secretary's report for the year ended 31st Dec 2014
4. Chairman's report for the year ended 31st Dec 2014
5. Election of Officers and Members to the General Committee.
6. Agree membership fees for 2015 - the committee recommends that the 2015 subs are unchanged from 2014
7. Appoint auditors.
8. Present the Club Trophies

**Anyone wishing to put forward an item for the agenda must put it in writing to the secretary by 31 December 2014. This included any nominations for Committee**

*By order of the Committee*

# ***Trophies to be Awarded at the AGM***

All members are invited to submit the names of any member(s) they feel deserve any or several of the awards listed below. Nominations should be submitted in writing to the Chairman via e-mail [chairman@ribblecanoecub.co.uk](mailto:chairman@ribblecanoecub.co.uk) by **31 December 2014**

## **Driftwood**

The Driftwood trophy is awarded to the club member whose paddling ability is thought to have improved the most during the last year.

## **Competition**

The Competition trophy is awarded to the person seen to have achieved (or improved) the most in Competition during the year.

## **Youth Challenge**

The Youth Challenge trophy is awarded to the club member under the age of 18 who is thought to have achieved the most in the past year, be it in improved paddling ability or competition.

## **Shakespeare**

The Shakespeare trophy is awarded to the writer thought to have contributed most/best to the newsletter in the last year.

## **Philip Singleton Trophy**

The Philip Singleton Memorial trophy is awarded for significant contributions to the club over a number of years.

## **Floater**

The Floater trophy is awarded to the member who hasn't won 'owt and deserves summat for doing the most extraordinarily exceptional thing(s) during the past year - extraordinarily exceptional in any way which enhances the diverse nature of our club, be it silly, eccentric, adventurous, outlandish, courageous, bold, hardworking, entertaining, public spirited, mad, generous etc...etc.....

## **Pic of the Year**

The Pic of the Year trophy will be awarded for the best picture published in the Newsletter or on our Website Gallery in the current year. You can select a picture from anywhere on the Forum Gallery and copy it into the Photo Competition area of the same Forum Gallery. Any photo from the magazine can also be submitted by copying it to the same Photo Competition area. Nominations are limited to three per member.

All members are invited to submit the name of any member(s) they feel deserve any or several of the above awards. Nominations should be submitted in writing to the Chairman by e-mail [chairman@ribblecanoecub.co.uk](mailto:chairman@ribblecanoecub.co.uk) by **31 December 2014**

**Go on, nominate some deserving member**

Please email nominations to

**[Chairman@ribblecanoecub.co.uk](mailto:Chairman@ribblecanoecub.co.uk)**

# ***Pool Sessions***

The following lists the pool sessions booked at Fulwood Leisure Centre, the contact for the courses and the Supervisor and Committee member on duty.

<b>Date</b>	<b>Session</b>	<b>Contact</b>	<b>Supervisor</b>	<b>Committee</b>
21/11/14	Safety Skills	Tony Morgan	Albert Risely	John Hooper
28/11/14	Slalom	Mark Shaw	Will Body	Mark Shaw
05/12/14	Sea Skills	Paula Sharples	Paul Smith	Allan Hacking
12/12/14	Paddle Skills	Graham Kingaby	Brian Petherwick	Graham Kingaby
19/12/14	Dumbongo	Gareth Jones	Bruce Carter	John Hooper
26/12/14	Closed			
02/01/15	Closed			
09/01/15	Paddle Skills	Allan Hacking	Matt Aspden	Allan Hacking
16/01/15	Open		Graham Kingaby	John Hooper
23/01/15	Sea Skills		Rick Turner	Paula Sharples
30/01/15	Play Boats	Roy Booth	Bruce Carter	Deborah Finn
06/01/15	Open		Chris Jackson	Jude Smith
13/02/15	Paddle Skills	Allan Hacking	Bill Turner	Allan Hacking
20/02/15	Open		Rick Patterson	Karen Shaw
27/02/15	Open		Paul Binks	John Kington
06/03/15	Sea Skills		Paul Smith	Paula Sharples
13/03/15	Paddle Skills	Allan Hacking	Brian Petherwick	Allan Hacking
20/03/15	Open		Graham Kingaby	John Hooper
27/03/15	Play Boats	Roy Booth	Bruce Carter	Roy Booth
03/04/15	Closed/Good Friday			
10/04/15	Open		Tony Morgan	Stuart Bailey
17/04/15	Paddle Skills	Allan Hacking	Albert Risely	Allan Hacking

## **Prices for pool sessions:**

- Rolling Course £20 plus club membership. Play Boats £6 **All other sessions £5**

## **Pool Session Protocol:**

- Open sessions are open access, with no need to book. Please book in advance for ALL other sessions by phoning the named contact or via the forum.
- If using club equipment it is up to the individual to collect it from the pool store before 9.00pm, after which time the store will be locked. A club member will be on hand to assist. (best to arrive at 8.45). If using your own equipment please ensure it is clean before entering the pool area.

- If you use a boat at a pool session it is your responsibility to return it to where it came from (your car or the pool store) IMMEDIATELY at the end of the session and BEFORE getting showered and changed.
- The pool sessions run from 21.15 to 22.15. We are not to enter the pool area before 21.05 - this to avoid risk of injury to swimming club members who have to clear the pool area by 21.05.

### **Policies for Pool Session**

- **Rolling courses:** These are for members who cannot roll at all, they are not for refining your roll. Due to restricted space everyone on the course should use either a river or general purpose boat.

### **Paddle Skills & Open Sessions**

- These are for members to refine/practise rolling and/or other skills. Sea/Touring Boats can be used for these sessions

# ***Ribble CC Library***

If you want to borrow something contact Amanda Spavin by either sending her a text (you can find her number on the contact page at the back of your newsletter) or by sending her a message via the club forum. Her name on the forum is Spav. These books/DVDs will then be brought to the H&D for you to collect at a mutually agreed club night.

## **General**

BCU Handbook (2 copies)  
The Practical Guide to Kayaking  
Canoeing & Kayaking  
BCU Coaching Handbook  
The Rough Guide to Weather  
Canoe & Kayak Games  
Working out of Doors with Young People  
More Than Activities  
The Knot Book - NEW

## **DVD - BCU 'Go Paddling' 2012**

### **Touring & Sea Kayaking**

An Atlas of the English Lakes  
Canal Companion: Cheshire Ring  
Touring 100 Paddles in England  
Welsh Sea Kayaking Guidebook  
Northern England & IOM Sea Kayaking  
Scottish Sea Kayak Trail  
Scottish Canoe Touring  
Great Glen Canoe Trail  
Anglesey Info Pack  
Scottish Sea Kayaking Guidebook  
The Outer Hebrides Sea Kayaking Guidebook

### **Sea Kayak Navigation**

Complete Book of Sea Kayaking  
Sea Kayaker Deep Trouble

DVD - Sea Kayak Rescues  
DVD - Sea Kayak with Gordon Brown -  
Instructional Journey along Skye Coast  
DVD - This is the Sea 1  
DVD - This is the Sea 2  
DVD - This is the sea 3  
DVD - This is the Sea 4  
DVD - Performance Sea Kayaking-  
Skills, rolling & rescue techniques  
DVD - BCU 3 & 4 Star Leaders Sea Kayaking  
DVD Sea Kayaking in Wales (conservation) - **NEW**  
DVD Sea Kayak Essentials Volumes 1 & 2 **NEW**  
Intermediate & Adv. Boat Handling Skills  
Safety & Rescue Skills

### **Canoeing/Open Boating**

Open Canoe Technique  
Path of the Paddle  
Canoeing Safety & Rescue  
Canoeing

DVD - This is Canoeing (ww & wilderness)  
DVD - Open Canoeing -  
Reg Blomfield (amazing moves!) (2 copies)

## **Whitewater**

Canoe & Kayak Guide to North West England  
English White Water  
Scottish White Water  
White Water Lake District (2 COPIES)  
White Water Kayaking  
White Water Safety & Rescue (2 copies)  
Weir Wisdom  
Many Rivers to Run  
The Playboater's Handbook 2  
Whitewater Paddling (Strokes & Concepts) – **NEW**  
L'Eau Vive - **NEW**

DVD -Moving on to Moving Water  
DVD - EJ's Advanced River Running  
DVD - The Call of the River -  
100 years of WW Adventure  
DVD - Whitewater Kayaking

## **Rolling**

Bombproof Roll and Beyond!  
Eskimo Rolling for Survival


DVD - This is the Roll  
DVD - EJ's Rolling and Bracing

## **Club or Club Members Trips**

DVD - Mags Brayfield in Nepal  
DVD - It's Different Every Time - Halton Rapids  
DVD - Fort William 2005/06 Easter Trip  
DVD - RCC Scotland trip 2007 & 2008  
DVD - Tay Descent 2011  
DVD – Ladies Day at Washburn August 2013

## **Expeditions/Adventure/Action**

On Celtic Tides  
Dancing with Waves  
The Canoe Boys  
Three Men in a Boat  
DVD - Revenge of the Fat Cats (Greenland)  
DVD - The Cockleshell Heroes (wartime adventure)  
DVD - Tatshenshini/Alsek 2007  
DVD - Mountain River Movie (Canada)  
DVD - Liffey Descent 1992

	<b>Ribble CC Contact List</b>	Committee	General Information	Access	Courses	Instructor	Hand & Dagger Key holder	Touring Trips	Beginners River Trips	Intermediate River Trips	Advanced River Trips	Sea Trips	Open Canoes	Surfing	Beginners' Slalom	Advanced Slalom	Polo	Freestyle	Other
Allan Hacking		☺			☺	☺	☺		☺	☺		☺	☺						
Amanda Spavin																			Library
Brian Woodhouse		☺	☺	☺				☺	☺	☺									
Deborah Finn		Secretary																	
Graham Eccles		☺					☺												Quartermaster
Graham Kingaby		☺			☺	☺	☺						☺						Webmaster
John Hooper		☺					☺												
John Kington		☺								☺				☺					
Jude Smith		Treasurer																	Treasurer
Karen Shaw		☺																	Club Welfare Officer
Lucy Bailey		☺																	Youth Rep
Mark Shaw		☺													☺	☺	☺	☺	Competition Secretary
Matt Aspden		Chairman	☺				☺												
Norman & Pat Green		☺						☺					☺						Newsletter
Pat Green		Membership																	Membership Secretary
Paula Sharples		☺																	
Roy Booth		Vice Chairman			☺	☺	☺		☺										
Stuart Bailey		☺																	

**Additional Key Holders:** Andy Dowe, Rick Turner, Tony Morgan Chris Jackson

**NOTE:** Last minute trips are often arranged and posted on the website forum, generally under “Trips & Events” or “Coaching & Training” or arranged verbally at the Hand & Dagger on Tuesdays or at Fulwood on Friday (RCC pool nights).

Ribble CC development trips are in **bold**

Ribble CC recreational events (assumed risk) are in ***bold italic***.

Other Ribble CC events are in *italic*.  
Events in normal type are external events listed for information only.

## NOVEMBER

**Sat 15**  
**Introduction to moving water**  
**Contact: Paul Binks**

## DECEMBER

***Sun 7 Dec***  
***Development Trip***  
***River Dee***  
**Contact: Roy Booth**

**Sun 7 Dec**  
**Moving Water Canoe**  
**Coaching**  
**Contact: Chris Jackson**

*Tues 9 Dec*  
*Winter theory session:*  
*This puns knot funny*

*Tues 16 Dec*  
*Club Christmas Dinner*  
*Hand and Dagger*

**Sat 20 /Sun 21 Dec**  
**Beginners trip**  
**Contact: Graham Kingaby**

## JANUARY

*Tues 13 Jan*  
*Winter theory session:*  
*Paddling Mechanics*

## FEBRUARY

*Tues 10 Feb*  
*Winter theory session:*  
*A tale of Adventure*