



## Ribble Canoe Club

### “Taster Session”

**All non RCC members must read, understand, and complete this form**

Can you swim 50 metres in light clothing YES/NO

I understand that canoeing is a high-risk sport and that the decision to participate in events is entirely mine.

I agree not to hold liable the Ribble Canoe Club, an informal association, or any individual member for any accident, either personal, or to property, which may occur through normal participation at this event.

I agree to accept instruction, advice or guidance given by a senior member at Club organised events.

Name			
Signature			
Telephone Number			
Address			
Emergency Contact Number		Date	
Signature of Parent or Guardian if applicant under 18			
Do you have any Allergies, illness, disabilities or medical conditions that may affect your ability to canoe? YES/NO if so please give details below			